

## Res. Asst. ZEYNEP BERFU ECEMİŞ

### Personal Information

**Email:** zeynepcemis@gazi.edu.tr

**Web:** <https://avesis.gazi.edu.tr/13743>

### Research Areas

Health Sciences

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Trapezius Muscle Electromyographic Activity in Lawn-Mower Exercise: Standing Versus Quadruped**  
Ecemiş Z. B., Cobanoğlu G., Oksuz B. S., Kaya B., Güzel N. A., Kafa B., Kafa N.  
JOURNAL OF SPORT REHABILITATION, 2024 (SCI-Expanded)
- II. **Muscle Activation Differences During Eccentric Hamstring Exercises**  
Guruhan S., Kafa N., Ecemiş Z. B., Güzel N. A.  
SPORTS HEALTH-A MULTIDISCIPLINARY APPROACH, vol.13, no.2, pp.181-186, 2021 (SCI-Expanded)

### Articles Published in Other Journals

- I. **Comparing the Effects of Ergonomic and Standard Office Chairs on Trunk Muscle Activation**  
Ecemiş Z. B., Güzel N. A., Çobanoğlu Demirkan G., Kafa N.  
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, vol.7, pp.628-634, 2023 (ESCI)
- II. **Gender Differences in Gait Parameters of Healthy Adult Individuals**  
Suner Keklik S., Çobanoğlu Demirkan G., Ecemiş Z. B., Güzel N. A.  
JOURNAL OF BASIC AND CLINICAL HEALTH SCIENCES, no.7, pp.277-283, 2023 (ESCI)
- III. **What is the Optimal Frequency for Ankle Muscles During Whole-Body Vibration Exercises?**  
Tor O. B., Ecemiş Z. B., ÇOBANOĞLU G., SUNER KEKLİK S., KAFA N., SOYLU R., GÜZEL N. A.  
INTERNATIONAL JOURNAL OF APPLIED EXERCISE PHYSIOLOGY, vol.8, no.3, 2019 (Peer-Reviewed Journal)

### Metrics

Publication: 7

Citation (WoS): 35

Citation (Scopus): 32

H-Index (WoS): 2

H-Index (Scopus): 1