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Kişisel Bilgiler

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Eğitim Bilgileri

Tıpta Yandal Uzmanlık, Hacettepe Üniversitesi, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, Türkiye 2008 - 2011

Tıpta Uzmanlık, Hacettepe Üniversitesi, Tıp Fakültesi (İngilizce), Dahili Tıp Bilimleri Bölümü, Türkiye 2001 - 2006

Lisans, Hacettepe Üniversitesi, Tıp Fakültesi (İngilizce), Türkiye 1994 - 2001

Yabancı Diller

İngilizce, C1 İleri

Akademik İdari Deneyim

Anabilim/Bilim Dalı Başkanı, Gazi Üniversitesi, 2011 - 2017

Dekan Yardımcısı, Gazi Üniversitesi, 2016 - 2016

Başhekim Yardımcısı, Gazi Üniversitesi, 2013 - 2016

Uygulama ve Araştırma Merkezi Müdürü, Gazi Üniversitesi, 2011 - 2014

Yönetilen Tezler

Ülger Z., Galektin-3 ve galektin-1 ile sarkopeni arasındaki ilişkinin incelenmesi, Tıpta Uzmanlık, R.Civelek(Öğrenci), 2016

Ülger Z., Kognitif fonksiyonların değerlendirilmesinde mini-cog testinin minimal teste göre Türkçe geçerlilik ve güvenilirliğinin değerlendirilmesi, Tıpta Uzmanlık, G.GEDİK(Öğrenci), 2015

SCI, SSCI ve AHCI İndekslerine Giren Dergilerde Yayınlanan Makaleler

- Socio-economic status, loneliness or hospitalization: Which is worse for malnutrition?**
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- Delirium, dementia, and depression (3D) assessment of older patients in the emergency department: 5-year survival analysis**
KILIÇASLAN İ., Thet M. S., Karahacioglu H. B., Artykov M. S., Ülger Z., ASLANER M. A., KILIÇASLAN B.
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- Turkish inappropriate medication use in the elderly (TIME) criteria to improve prescribing in older**

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BAHAT-ÖZTÜRK G., İlhan B., Erdogan T., HALİL M. G., SAVAŞ E. S., Ulger Z., AKYÜZ F., BİLGE A. K., ÇAKIR S., DEMİRKAN S. K., et al.

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- V. **The impact of frailty on noninvasive mechanical ventilation in elderly medical intensive care unit patients**
Kara I., Yildirim F., Zerman A., Gullu Z., Boyaci N., Aydogan B. B., Gaygisiz Ü., Gonderen K., Arik G., Turkoglu M., et al.
AGING CLINICAL AND EXPERIMENTAL RESEARCH, sa.4, ss.359-366, 2018 (SCI-Expanded)
- VI. **The value of musculoskeletal ultrasound in geriatric care and rehabilitation**
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INTERNATIONAL JOURNAL OF REHABILITATION RESEARCH, cilt.40, sa.4, ss.285-296, 2017 (SCI-Expanded)
- VII. **Serum markers of inflammation and oxidative stress in sarcopenia**
Can B., Kara O., Kizilarlanoglu M. C., Arik G., Aycicek G. S., Sumer F., Civelek R., Demirtas C., Ulger Z.
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- VIII. **Which parameters affect long-term mortality in older adults: is comprehensive geriatric assessment a predictor of mortality?**
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- IX. **Is it possible using handgrip strength instead of body mass index in MNA-SF test to assess the nutritional status of geriatric patients?**
Kizilarlanoglu M. C., Kilic M. K., Gokce D., Sakalar T., Ulger Z.
JOURNAL OF NUTRITION HEALTH & AGING, sa.5, ss.579-584, 2017 (SCI-Expanded)
- X. **α -linolenic acid levels and risk of dementia; but which type of dementia?**
Aycicek G. S., Kizilarlanoglu M. C., Ulger Z.
CLINICAL NUTRITION, sa.2, ss.611, 2017 (SCI-Expanded)
- XI. **Is frailty a prognostic factor for critically ill elderly patients?**
Kizilarlanoglu M. C., Civelek R., Kilic M. K., Sumer F., Varan H., Kara O., Arik G., TÜRKOĞLU M., Aygencel G., Ulger Z.
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- XII. **Association of Bioelectrical Impedance Analysis-Derived Phase Angle and Sarcopenia in Older Adults**
Kilic M. K., Kizilarlanoglu M. C., Arik G., Bolayir B., Kara O., Varan H., Sumer F., Kuyumcu M. E., HALİL M. G., Ulger Z.
NUTRITION IN CLINICAL PRACTICE, sa.1, ss.103-109, 2017 (SCI-Expanded)
- XIII. **Malnutrition: The kiss of Grim Reaper**
Aycicek G. S., Arik G., Ulger Z.
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- XIV. **Vitamin D in sarcopenia: Understanding its role in pathogenesis, prevention and treatment**
Arik G., Ulger Z.
EUROPEAN GERIATRIC MEDICINE, sa.3, ss.207-213, 2016 (SCI-Expanded)
- XV. **Can We Equate All Proton Pump Inhibitors with One Another?**
Sumer F., Aycicek G. S., Arik G., Kara O., Canbaz B., Ulger Z.
JOURNAL OF THE AMERICAN GERIATRICS SOCIETY, cilt.64, sa.5, ss.1150-1151, 2016 (SCI-Expanded)
- XVI. **Low serum levels of vitamin D are associated with post-stroke depression**
Kaloglu A., Canbaz B., Kara O., Arik G., Aycicek G. S., Sumer F., Ulger Z.
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- XVII. **Acetaminophen for Fever in Critically Ill Patients with Suspected Infection**
Arik G., Aycicek G. S., Ulger Z.
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- XVIII. **Effect of Multimodal Exercise Program on Physical Function, Falls, and Injuries in Older Women**
Aycicek G. S., Arik G., Canbaz B., Kara O., Sumer F., Ulger Z.
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- XIX. **Study of Factors Associated with Incomplete Bladder Emptying in Older Women**

- Sumer F., Arik G., Aycicek G. S., Kara O., Canbaz B., Ulger Z.
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- XX. **A LETTER ON THE CANADIAN EMERGENCY DEPARTMENT STUDY**
Canbaz B., Arik G., Aycicek G. S., Kara O., Sumer F., Ulger Z.
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- XXI. **Letter to the nutritionDay study**
Aycicek G. S., Sumer F., Ulger Z.
CLINICAL NUTRITION, cilt.34, sa.6, ss.1273, 2015 (SCI-Expanded)
- XXII. **Sarcopenia evaluated by fat-free mass index in patients with chronic heart failure**
Aycicek G. S., Sumer F., Canbaz B., Kara O., Ulger Z.
EUROPEAN JOURNAL OF INTERNAL MEDICINE, cilt.26, sa.8, 2015 (SCI-Expanded)
- XXIII. **A Letter to the Editor on the ACTIVNES Study**
Canbaz B., Kara O., Aycicek G. S., Sumer F., Arik G., Ulger Z.
JOURNAL OF THE AMERICAN MEDICAL DIRECTORS ASSOCIATION, cilt.16, sa.9, ss.797-798, 2015 (SCI-Expanded)
- XXIV. **ONLY FRAILITY? WHAT ABOUT OTHER FACTORS AFFECTING COGNITION?**
Kara O., Arik G., Sumer F., Ulger Z.
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- XXV. **Gestational Hypertension and Preeclampsia in Living Kidney Donors**
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- XXVII. **Kaposi's sarcoma in a geriatric patient following low-dose steroid therapy for polymyalgia rheumatica**
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- XXVIII. **Influence of antimuscarinic therapy on cognitive functions and quality of life in geriatric patients treated for overactive bladder**
Esin E., Ergen A., CANKURTARAN M., Yavuz B. B., HALİL M. G., Ulger Z., Yesil Y., Kuyumcu M. E., ÖZCAN M., Cankurtaran E., et al.
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- XXIX. **Geriatrics education is associated with positive attitudes toward older people in internal medicine residents: A multicenter study**
Tufan F., Yuruyen M., Kizilarlanoglu M. C., Akpınar T., Emiksiye S., Yesil Y., ÖZTÜRK Z. A., Bozbulut U. B., Bolayir B., Tasar P. T., et al.
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- XXX. **New era of pediatric ventricular assist devices: Let us go to school**
Ozbaran M., YAĞDI T., ENGİN Ç., Ulger Z., ÖZBARAN N. B., KÖSE S., Kacamak D., Engin Y.
PEDIATRIC TRANSPLANTATION, cilt.19, sa.1, ss.82-86, 2015 (SCI-Expanded)
- XXXI. **Role of autophagy in the pathogenesis of Alzheimer disease**
Kizilarlanoglu M. C., Ulger Z.
TURKISH JOURNAL OF MEDICAL SCIENCES, cilt.45, sa.5, ss.998-1003, 2015 (SCI-Expanded)
- XXXII. **Nutritional issues in dementia patients**
Kilic M. K., Sumer F., Ulger Z.
TURKISH JOURNAL OF MEDICAL SCIENCES, cilt.45, sa.5, ss.1020-1025, 2015 (SCI-Expanded)
- XXXIII. **Abdominal aortic stiffness as a marker of atherosclerosis in childhood-onset asthma: a case-control study**
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- XXXIV. **Functional Disability in Alzheimer Disease: A Validation Study of the Turkish Version of the**

Disability Assessment for Dementia Scale

Tozlu M., CANKURTARAN M., Yavuz B. B., Cankurtaran E. S., Kutluer I., Erkek B. M., HALİL M. G., Ulger Z., Cosgun E., Ariogul S.

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- XXXV. **Nurses' and physicians' perceptions of older people and attitudes towards older people: Ageism in a hospital in Turkey**
POLAT Ü., Karadag A., Ulger Z., Demir N.
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- XXXVI. **Sarcopenia assessment project in the nursing homes in Turkey**
Halil M., Ulger Z., Varli M., Doventas A., Ozturk G. B., Kuyumcu M. E., Yavuz B. B., Yesil Y., Tufan F., CANKURTARAN M., et al.
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- XXXVII. **An alternative way for the evaluation of zinc status in the elderly; nail zinc levels and relationship with Alzheimer's disease**
Kuyumcu M. E., Yesil Y., Ozturk Z. A., CANKURTARAN M., Ulger Z., HALİL M. G., Yavuz B. B., Sait B., AKYOL Ö., VURAL H., et al.
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- XXXVIII. **Challenges in nutritional evaluation of hospitalized elderly; always with mini-nutritional assessment?**
Kuyumcu M. E., Yesil Y., Ozturk Z. A., HALİL M. G., Ulger Z., Yavuz B. B., CANKURTARAN M., Gungor E., Erdogan G., BESLER H. T., et al.
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- XXXIX. **Malnutrition in Turkish nursing homes: A correlate of short term mortality**
Ulger Z., Halil M., CANKURTARAN M., Yavuz B. B., Yesil Y., Kuyumcu M. E., Gungor E., Izgi H., Iskit A. T., Abbasoglu O., et al.
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- XL. **Altered Levels of Homocysteine and Serum Natural Antioxidants Links Oxidative Damage to Alzheimer's Disease**
CANKURTARAN M., Yesil Y., Kuyumcu M. E., Ozturk Z. A., Yavuz B. B., HALİL M. G., Ulger Z., Cankurtaran E. S., Ariogul S.
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- XLI. **The association between homocysteine (hcy) and serum natural antioxidants in elderly bone mineral densitometry (BMD)**
Kuyumcu M. E., Yesil Y., Ozturk Z. A., Cinar E., Kizilarlanoglu C., HALİL M. G., Ulger Z., Yesil N. K., CANKURTARAN M., Ariogul S.
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- XLII. **The relationship between metabolic bone diseases and fingernail calcium levels in the elderly**
Yesil Y., Kuyumcu M. E., Ozturk Z. A., Ulger Z., Sahin U., CANKURTARAN M., HALİL M. G., Yavuz B. B., VURAL H., KARA Y., et al.
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- XLIII. **Increased ferritin levels could reflect ongoing aging-associated inflammation and may obscure underlying iron deficiency in the geriatric population**
CANKURTARAN M., Yavuz B. B., HALİL M. G., Ulger Z., HAZNEDAROĞLU İ. C., Ariogul S.
EUROPEAN GERIATRIC MEDICINE, cilt.3, sa.5, ss.277-280, 2012 (SCI-Expanded)
- XLIV. **Increased mean platelet volume (MPV) indicating the vascular risk in Alzheimer's disease (AD)**
Yesil Y., Kuyumcu M. E., CANKURTARAN M., Uz B., Kara A., Kilic M. K., HALİL M. G., Ulger Z., Yavuz B. B., HAZNEDAROĞLU İ. C., et al.
ARCHIVES OF GERONTOLOGY AND GERIATRICS, cilt.55, sa.2, ss.257-260, 2012 (SCI-Expanded)
- XLV. **The Evaluation of Neutrophil-Lymphocyte Ratio in Alzheimer's Disease**
Kuyumcu M. E., Yesil Y., Ozturk Z. A., Kizilarlanoglu C., Egtul S., HALİL M. G., Ulger Z., CANKURTARAN M., Ariogul S.
DEMENTIA AND GERIATRIC COGNITIVE DISORDERS, cilt.34, sa.2, ss.69-74, 2012 (SCI-Expanded)

- XLVI. **Hemorheological changes with strontium ranelate treatment do not seem to be related to its claimed prothrombotic effects**
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- XLVII. **Weight Loss for Urinary Incontinence in Overweight and Obese Women**
Ulger Z., CANKURTARAN M., Aryogul S.
NEW ENGLAND JOURNAL OF MEDICINE, cilt.360, sa.21, ss.2256-2257, 2009 (SCI-Expanded)
- XLVIII. **Endobronchial metastasis of thyroid follicular carcinoma**
Ulger Z., Karaman N., Piskinpasa S., Niksarlioglu Y., Kilickap S., Erman M., Firat P., Guler N.
JOURNAL OF THE NATIONAL MEDICAL ASSOCIATION, cilt.98, sa.5, ss.803-806, 2006 (SCI-Expanded)

Diğer Dergilerde Yayınlanan Makaleler

- I. **Best Practice Recommendations for Geriatric Dysphagia Management with 5 Ws and 1H**
Umay E., Eyigor S., BAHAT-ÖZTÜRK G., HALİL M. G., Giray E., Unsal P., Unlu Z., Tikiz C., Vural M., TUFAN ÇİNÇİN A., et al.
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- II. **Jaw Bite Force to Predict Masseter Muscle Thickness and Swallowing Functions**
ŞENGÜL AYÇİÇEK G., ARIK G., KIZILARSLANOĞLU M. C., CANBAZ B., YIKILGAN İ., DUYMUŞ M., ÜLGER Z.
Ankara Üniversitesi Tıp Fakültesi Mecmuası, cilt.74, sa.2, ss.200-205, 2021 (Hakemli Dergi)
- III. **Association of polypharmacy with postural instability and impaired balance in community-dwelling older adults in Turkey**
Sengul Aycicek G., Arik G., Kizilarlanoglu M. C., Sumer F., Pala O. O., Can B., Kara O., BAŞAR S., Ulger Z.
MARMARA MEDICAL JOURNAL, sa.1, ss.12-17, 2021 (ESCI)
- IV. **Malnutrition and associated risk factors in nursing home residents in Turkey**
BALCI C., ÜLGER Z., Halil Gulhan M., Bıçaklı D., BAHAT-ÖZTÜRK G., ÖZTÜRK Z. A., SÜMER F., YILMAZ Ö., Murathı S., SUNGURTEKİN H., et al.
Clinical Science of Nutrition, cilt.1, sa.3, ss.129-133, 2019 (Hakemli Dergi)
- V. **Nutritional support practices among intensive care units in Turkey: One-day cross-sectional study**
DEMİRAĞ K., KILIÇTURGAY S. A., Bıçaklı D., SUNGURTEKİN H., DEMİRKAN S. K., GÜNDÜZ H. M., Canoler Ö., Erkan T., ÜLGER Z., ABBASOĞLU O.
Clinical Science of Nutrition, cilt.1, sa.3, ss.123-128, 2019 (Hakemli Dergi)
- VI. **FMF and Sjogren's Syndrome Overlap in an Elderly Patient: A Rare Coincidence or a Causal Association?**
ŞENGÜL AYÇİÇEK G., ÇETİNER T. A., ARIK G., CANBAZ B., SÜMER F., KARA Ö., KÜÇÜK H., ÜLGER Z.
Journal of Geriatric Medicine and Gerontology, cilt.4, sa.2, 2018 (Hakemli Dergi)
- VII. **Extraordinarily Low Level of HbA1c due to Hemolytic Anemia**
Kizilarlanoglu M. C., Civelek R., Kilic M. K., Sumer F., Ulger Z.
GAZI MEDICAL JOURNAL, sa.2, ss.76-77, 2016 (ESCI)
- VIII. **Metastatic Cancer Versus Sarcoidosis in a Geriatric Patient: A Never-Ending Pitfall for Clinicians**
Kilic M. K., Kizilarlanoglu M. C., Turktas H., YILDIZ R., Atak E. Y., Ulger S., UÇAR M., Ulger Z.
GAZI MEDICAL JOURNAL, sa.2, ss.78-80, 2016 (ESCI)
- IX. **Role of autophagy in the pathogenesis of Alzheimer disease Muhammet**
KIZILARSLANOĞLU C., ÜLGER Z.
Turkish Journal of Medical Sciences, cilt.45, sa.5, ss.998-1003, 2015 (Hakemli Dergi)
- X. **Oral Nutritional Supplement Taste Preferences of Inpatients**
Kizilarlanoglu M. C., Kilic M. K., Toruk E., Cevik I., Demir H., Altun H., TÜRKOĞLU M., Aygencel G., YÜKSEL O., İBİŞ M., et al.
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- XI. **Nutritional Support Therapy Practices in a Medical Intensive Care Unit**
Balaban H., Aygencel G., TÜRKOĞLU M., Ülger Z.
JOURNAL OF MEDICAL AND SURGICAL INTENSIVE CARE MEDICINE, sa.2, ss.30-35, 2014 (ESCI)
- XII. **Is It Possible to Diagnose Gastric Cancer by a Chest Radiograph?**
Kilic M. K., Kizilarslanoglu M. C., Yildiz R., UÇAR M., ÜLGER Z.
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Kitap & Kitap Bölümleri

- I. **Yaşlıda Fizyolojik Değişiklikler**
ŞENGÜL AYÇİÇEK G., ÜLGER Z.
Geriatric Yaşlı Sağlığı ve Hastalıkları, Ülger Zekeriya, Erdinçler Ü. Deniz, Karan M. Akif, Editör, Hipokrat Yayıncılık, ss.133-141, 2021
- II. **Yaşlıda Tamamlayıcı Tıp Uygulamaları**
ÜLGER Ş., ÜLGER Z.
Geriatric Yaşlı Sağlığı ve Hastalıkları, Ülger Zekeriya, Erdinçler Ü. Deniz, Karan M. Akif, Editör, Hipokrat Yayıncılık, ss.877-886, 2021
- III. **Nutrition and Cachexia in Gastrointestinal Cancer Patients**
HALİL M. G., Kuyumcu M. E., DİZDAR Ö., ÜLGER Z., YALÇIN Ş.
Textbook of Gastrointestinal Oncology, Yalçın Şuayib, Philip A. Philip, Editör, Springer, ss.379-394, 2019

Hakemli Kongre / Sempozyum Bildiri Kitaplarında Yer Alan Yayınlar

- I. **Risk factors for falls in Turkish elderly**
Ulger Z., HALİL M. G., Cankurtaran M., Yavuz B., Dede D., Özkayar N., Ariogul S.
2nd Joint Meeting of the European-Calcified-Tissue-Society/International-Bone-and-Mineral-Society, Geneva, İsviçre, 25 - 29 Haziran 2005

Metrikler

Yayın: 65
Atıf (WoS): 824
Atıf (Scopus): 944
H-İndeks (WoS): 15
H-İndeks (Scopus): 16

Akademi Dışı Deneyim

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