

## Res. Asst. ARİFE GÜLŞAH EROL

### Personal Information

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### Education Information

Postgraduate, Gazi University, Fen Bilimleri Enstitüsü, Turkey 2023 - Continues

Undergraduate, Istanbul Sabahattin Zaim University, Turkey 2017 - 2022

### Foreign Languages

English, B2 Upper Intermediate

### Academic Titles / Tasks

Research Assistant, Gazi University, Mühendislik Fakültesi, 2024 - Continues

### Refereed Congress / Symposium Publications in Proceedings

- I. **Awareness of Gamification as a Non-Pharmacological Intervention in Sleep Health Research: A Systematic Literature Review**  
Erol A. G., Yilmaz M., Clarke P. M.  
2024 9th International Conference on Computer Science and Engineering (UBMK), Antalya, Turkey, 26 - 28 October 2024, pp.708-713
- II. **Sleepless in the Code: Exploring the Relationship Between Occupational Anxiety and Sleep Patterns in the Software Industry**  
EROL A. G., YILMAZ M., Clarke P. M.  
31st European Conference on Systems, Software and Services Process Improvement, EuroSPI 2024, Munich, Germany, 4 - 06 September 2024, vol.2179 CCIS, pp.33-47

### Metrics

Publication: 2