

NO01 Norwegian Agency for International Cooperation and Quality Enhancement in Higher Education

General Information

General information about the project

This report form generated from the Mobility Tool+ consists of the following main sections:

- **General Information:** General information about the project
- **Inactive Organisations within Project Activities**
- **Context:** this section resumes some general information about your project;
- **Project Summary:** this section summarises your project and the organisations involved as partners;
- **Description of the Project:** in this section, you are asked to give information about the objectives and topics addressed by your project;
- **Project Management**
- **Implementation:** this section asks for information about all the stages of the project: implementation of main activities including practical arrangements, participants' profile, impact, dissemination of the results and future plans;
- **Follow-up**
- **Budget:** this section gives a detailed overview of the final amount of the EU grant you request;
- **Annexes:** additional documents that are mandatory for the completion of the report;

For your convenience, some parts of this report are prefilled with information from the Mobility Tool+

Inactive Organisations within Project Activities

This section doesn't apply for this project

1. Context

this section resumes some general information about your project;

Programme	Erasmus+
Key-Action	Cooperation for innovation and the exchange of good practices
Action	Strategic Partnerships
Action Type	Strategic Partnerships for vocational education and training
Main Objective of the project	Innovation
Call	2019
Round	Round 1
Report Type	Final
Language used to fill in the form	EN

1.1. Project Identification

Grant Agreement Number	2019-1-NO01-KA202-060229
Project Title	Hands-on nutrition training for pediatric primary health care practitioners: a novel combination of culinary and applied nutritional education to promote healthy eating habits in childhood
Project Acronym	Dr. PED-Chef
Project Start Date (dd-mm-yyyy)	01/12/2019
Project End Date (dd-mm-yyyy)	30/11/2022
Project Total Duration (months)	36
Beneficiary Organisation Full Legal Name (Latin characters)	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU

1.2. National Agency of the Beneficiary Organisation

Identification	Norwegian Agency for International Cooperation and Quality Enhancement in Higher Education
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For further details about the available Erasmus+ National Agencies, please consult the following page:

https://ec.europa.eu/programmes/erasmus-plus/contact_en (https://ec.europa.eu/programmes/erasmus-plus/contact_en)

2. Project Summary

this section summarises your project and the organisations involved as partners;

Please provide short answers to the following questions, summarising the information you have provided in the rest of the report.

Please use full sentences and clear language. The provided summary will be made public by the European Commission and the National Agencies.

Background: Why did you apply for this project? What were the needs you have addressed?

WHO has raised the alarm on obesity related complications and mortality. Unhealthy nutrition habits and obesity are often initiated in early life stages. A WHO report (2016) emphasizes that health professionals need appropriate training on nutrition and the risk factors for developing obesity. Pediatric care practitioners are at the front line of health provision to families and can provide appropriate advice. Nevertheless, research indicates significant gaps in nutritional knowledge and counseling skills. A survey among EU pediatricians revealed that although most were convinced of their role in obesity prevention they did not feel competent to deliver relevant services. Therefore, the integration of nutritional education into medical curricula is highly needed. Culinary education; 'a new evidence-based field in medicine that blends the art of food and cooking with the science of medicine' (La Puma, 2016) is a method is based on that health professionals practicing a healthful behavior are more likely to properly counsel their patients about these behaviors (Eisenberg et al, 2013). Relevant programs tailor-made for pediatricians and other relevant pediatric professionals to our knowledge do not exist in Europe.

Objectives: What did you want to achieve by implementing the project?

The specific objectives were to:

• develop an interactive training curriculum reflecting the specific needs of pediatric primary health care practitioners for adequate provision of healthy nutrition guidance to children and families

• increase knowledge, skills and competencies in providing basic weight management counseling and nutrition-dependent medical problems counseling to pediatric patients and families

• provide cooking and food skills that improve attitudes regarding healthy cooking techniques

• evaluate the efficiency of an innovative educational practice, culinary medicine education, tailored for pediatric primary health care practitioners

• impact VET and educational systems in accommodating changes to academic curricula for pediatricians and/or health professionals, so as to address nutrition topics

Implementation: What activities did you implement?

The first activity (O1) was a multi-country qualitative research to identify knowledge gaps and training needs of relevant health professionals as well as a scoping review for of training opportunities on nutrition education with an emphasis on innovative educational techniques such as culinary medicine.
Next, a comprehensive guide for the design of the new training curriculum was written (O2).
The main activity was development of the training curriculum package (O3) with training manual, power point presentations, and other tools such as videos, case studies, suggested study visits, exercises, reading material per theme.
An E-learning platform (O4) (<https://pedchef.eu/login/>) with all the developed training modules and assessment tools to evaluate user performance was made.
The short-term joint staff event involved evaluating the content and delivery of both the face-to-face and e-learning elements of the training course.
The blended mobility event was a 5-day activity involved implementation of the training course for pediatric primary care health professionals.
Finally, the guidance for VET providers and academic institutions (O5) provided guidelines for VET professionals and other interested parties.

Results: What concrete outputs and other results did your project produce?

1. A conceptual framework for training pediatric primary health care practitioners (O1). All findings are provided here: <https://pedchef.eu/deliverables/>

2. Training curriculum methodology (O2).

3. Development of the training curriculum package (O3). In total 6 modules were developed with two of them focusing on culinary medicine approach.

4. E-learning platform (O4). The e-learning platform (<https://pedchef.eu/login/>) included all the developed training modules

5. Vocational Education and Training activities (C1 & C2). The short-term joint staff event (C1) involved evaluating the content and delivery of both the face-to-face and e-learning elements of the training course. It took place online over 4 days and involved staff members of partner organizations. The blended mobility event (C2) was a 5-day activity implemented in Athens, Greece and it involved implementation of the training course for pediatric primary care health professionals. The pilot testing of the e-learning platform had a duration of 1 month and included the implementation of distance learning courses in all consortium countries.

6. Guidance for VET providers and academic institutions (O5).

Please provide a translation of your project summary in English.

2.1. Summary of participating organisations

Role of the Organisation	Organisation ID	Name of the Organisation	Country of the Organisation	Type of Organisation	Accreditation of organisation (if applicable)	Partnership Entry Date	Partnership Withdrawal Date
Beneficiary	E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	Higher education institution (tertiary level)		01/12/2019	30/11/2022
Partner	E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	Research Institute/Centre		01/12/2019	30/11/2022
Partner	E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	Non-governmental organisation/association		01/12/2019	30/11/2022
Partner	E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	Regional Public body		01/12/2019	30/11/2022
Partner	E10208239	UNIVERSIDAD DE NAVARRA	Spain	Higher education institution (tertiary level)		01/12/2019	30/11/2022
Partner	E10200512	GAZI UNIVERSITESI	Turkey	Higher education institution (tertiary level)		01/12/2019	30/11/2022
Total number of participating organisations							6

2.2. Associated Partners

In addition to the above formally participating organisations, did you involve associated partners in your project?

No

3. Description of the Project

in this section, you are asked to give information about the objectives and topics addressed by your project;

Please provide a summary of your project's concrete results and achievements. Were all original objectives of the project met? Please comment on any objectives initially pursued but not achieved and describe any achievements exceeding the initial expectations.

WHO has raised the alarm on obesity related complications and mortality rates of non-communicating diseases (NCD), often starting early in life. Pediatric care practitioners are at the front line of health provision to families and can address high risk populations. A relevant WHO report emphasizes that pediatric care practitioners have an important role to play in tackling the childhood obesity epidemic. Nevertheless, significant gaps exist in nutritional knowledge and counseling skills, which could be related to the limited nutrition training in undergraduate and postgraduate studies. A survey among EU pediatricians revealed that although most were convinced of their role in obesity prevention, they did not feel sufficiently competent to deliver relevant services.

Dr. PED-Chef aimed to develop training for pediatric primary health care practitioners on childhood nutrition-related issues through the combination of hands-on nutrition science education with culinary medicine education, which is an innovative approach to improving eating behaviors.

The specific objectives were to:

- develop an interactive training curriculum reflecting the needs of pediatric care practitioners for effective provision of healthy nutrition guidance to children and their families
- increase knowledge and skills in providing counseling on nutrition-dependent issues to pediatric patients
- apply an innovative educational practice, i.e. culinary medicine education, including cooking and food skills that improve attitudes on healthy eating behaviors
- advocate for the inclusion of nutritional issues to medical academic curricula

The target groups are pediatricians, pediatric nurses, medical and nursing students specializing in pediatrics and public health, and other professionals involved in pediatric care, e.g. family doctors, midwives.

Dr. PED-Chef main activities that lead to tangible outputs and results include:

- (1) Conceptual framework for training pediatric primary health care practitioners
- (2) Training curriculum methodology
- (3) Development of the training curriculum package
- (4) e-learning platform
- (5) Vocational education and training activities, i.e. 3-day short term joint staff event for partners (C1) and 5-day blended mobility event (C2) for the target groups.
- (6) Guidance for VET providers and academic institutions

Six partner organizations from Norway, Greece, Spain, Cyprus, Turkey and Italy facing common challenges in promoting healthy eating habits and preventing childhood obesity have worked towards achieving the project objectives. In order to ensure high quality, the training is based on a review of existing training opportunities. Participatory research among target groups was also conducted to determine knowledge gaps and training requirements. The resulting evidence-based curriculum methodology include guidelines for the development of a training package, aimed to improve relevant skills and competencies. Training topics include nutritional science courses, clinical health communication skills training, and culinary medicine methods that are delivered through face-to-face seminars and an e-learning platform. Finally, the "Guidance for VET providers and academic institutions" provides guidelines for all stakeholders for further exploitation of the training. In parallel, multiplier transnational and national events ensured exchange of knowledge. Dissemination activities targeted VET and service providers, relevant authorities at local/regional level, professional associations, academic institutions, government services and policymakers at National/ European level.

This novel, in particular at an EU level, initiative is expected to increase trainees' competence on nutritional health communication practices and cooking/food skills that enhance their ability and self-efficacy to provide related services. Dr. PED-Chef also aimed to increase awareness on the importance of addressing nutrition and obesity issues in medical training curricula. The project provides hands-on guidelines, evaluated practices and material that can be easily adopted by academic institutions and VET providers. Furthermore, the e-learning platform, available in multiple languages, will continue to be accessible after project completion, further promoting awareness about the value of nutrition counseling through innovative practices. The project has trained more than 16 partners' staff members and 250 professionals of the target groups through the face-to-face and the e-learning platform. Through the project dissemination an audience of more than 1,000 stakeholders will have been reached.

In what way was the project innovative and/or complementary to other projects already carried out?

The project innovativeness refers to the target groups, training techniques and content:

Target groups: Even though healthy dietary habits in early life and prevention of childhood obesity remain top public health priorities, health professionals seem to be inadequately trained to address these issues in their clinical practice. EU and WHO report the important role health professionals have in primary prevention strategies to address obesity. However, this responsibility is marginally addressed during medical training. In this aspect the project is innovative in that it targets health practitioners, such as pediatricians, pediatric nurses, who are involved with children and their families and can have a direct impact on shaping habits early in life. Based on the literature, these professionals present significant gaps in terms of nutritional knowledge and especially medical culinary skills, while related training opportunities in Europe are scarce if not existing. Hence, the program covers a training gap as well as a significant need.

Training techniques: Innovation is also related to the techniques applied. Apart from traditional education methods, training will also be delivered through experiential activities, such as role-playing and case studies. The most innovative element is culinary medicine, defined as 'a new evidence based field in medicine blending the art of food and cooking with the science of medicine'. Participants will receive practical knowledge and skills enabling delivery of nutritional advice to children and families. This approach is based on research showing that when health professionals practice healthful behaviors such as eating healthy, they are more likely to appropriately counsel their patients regarding these behaviors. This novel approach to our knowledge has not been implemented in Europe (mostly applied in the USA with promising outcomes). Also, existing training opportunities have not been tailor-made for pediatric primary care practitioners. Furthermore, training will be delivered through an e-learning platform with a number of innovative elements, i.e. professionals section.

Training content: Training content will be determined based on specific training needs defined by the target groups through participatory research. This is an innovation, because although training needs have been identified, the exact training topics to be covered have not. We anticipate covering: basic nutrition principles, child-centered nutrition education & counseling, communication issues, applied nutrition, culinary medicine including chef-led culinary instructions (healthy recipes & cooking techniques, meal planning advice food shopping & storage), topics recommended by the European Society for Clinical Nutrition and Metabolism

An innovation is also the provision of a guide for VET providers/academic institutions to enhance exploitation and sustainability potential of the project training.

What was the most relevant horizontal or sectoral priority addressed by your project?

HORIZONTAL: Supporting individuals in acquiring and developing basic skills and key competences

What were the other relevant horizontal or sectoral priorities addressed by your project? (Multiple selection possible)

- HORIZONTAL: Open education and innovative practices in a digital era
- VET: Supporting the uptake of innovative approaches and digital technologies for teaching and learning

In case the above selected priorities are different from the ones in the application, please explain why.

undefined

What were the most relevant topics addressed by your project? (Multiple selection possible)

- Health and wellbeing
- Pedagogy and didactics
- New learning and teaching methods and approaches

In case the selected topics are different from the ones in the application, please explain why.

undefined

3.1. Participants

Please briefly describe how you selected and involved participants in the different activities of your project.

For each activity, partners agreed upon the selection criteria during the proceeding monthly project video meeting. The criteria were as follows:

- Transnational Projects Meetings: Each partner selected two staff members who had worked with the Intellectual Output before the meeting or had responsibility for the next.
- Intellectual Outputs: Each partners selected staff members based on their expertise in the relevant field, e.g. expertise in research, nutrition or e-learning. The leading organization of each output controlled the contribution and gave feedback if the competence was lacking. Feedback on content development was given by all partners by email and in the monthly project meetings online.
- Short-term joint staff training event (C1): Each partner selected 3 staff members based on their background and expertise in the topic their were teaching. They was also selected based on ability to be teachers/trainers/facilitators in the blended mobility event that followed (C2).
- Blended mobility for VET learners (C2): The selection of trainees for both face-to-face training and e-learning was based on the trainees' background and interest in learning. The target groups (pediatricians, medical and nursing students in pediatrics and public health, professionals in medical and health sciences, such as nurses, midwives and family doctors) were approached and invited to send an application to participate. Next, partners selected participants, aiming to have as wide representation of learners as possible.
- Multiplier events: All partners arranged a national information day, except Italy who arranged the European Symposium, at the end of the project. Participants invited were representatives of the target groups, academia, experts, policy makers and other stakeholders.

Participants with fewer opportunities: did your project involve participants facing situations that make their participation more difficult?

No

Approximately, how many persons not receiving a specific grant benefited from or were targeted by the activities organised by the project (e.g. members of the local community, young people, experts, policy makers, and other relevant stakeholders)? Please enter the number of persons here:

10000

Please describe briefly how and in which activities these persons were involved.

More than 10000 have visited or viewed the website of the project. Newsletters had more than 3000 recipients. At local/national level, 254 participated in the multiplier events, these were experts, policy makers and leaders of VET provider organizations and academic institutions.

4. Project Management

How did you ensure proper budget control and time management in your project?

All partners were responsible for their budget, and project management of their part of the project in close cooperation with the beneficiary organization (NTNU). Time management were secured by providing partners with a template of Time Sheets where all partners' staff continuously filled in their working days in the project. The time sheets were sent to the beneficiary twice a year for control and revision if necessary. Financial issues and time management were a regular issue at the monthly video meetings. Any specific problems or needs for support were handled between NTNU and the partner who needed it by sending emails or by additional video conferences. A financial officer at NTNU took the responsibility to provide the beneficiary with overview of the project, which was communicated further to the partners.

Monitoring: How were the progress, quality and achievement of project activities monitored? Please describe the qualitative and quantitative indicators you used. Please give information about the involved staff, as well as the timing and frequency of the monitoring activities.

A detailed quality assurance management plan was designed by University of Navarra who was the lead organisation for evaluation. The plan included specific evaluation tools designed for monitoring the methodology and the outputs and activities developed throughout the project. Questionnaires were developed for each output and activity to report process indicators related to time, cost against the budget, results and dissemination, and was responded to by all partners that participated. Specifically these indicators used:

- Management and implementation: Number of partner meetings required and achieved; number of conference calls, number of interim reports.
- Intellectual outputs: % goal achievement on specific criteria for each IO in the application. Overall satisfaction of each output (on a scale from 1 to 5).
- Transnational meetings: Self-reported survey of satisfaction with the meeting, related to content, time, arrangement etc.
- Dissemination activities: Number of website visitors and views, newsletters sent, media clips and participants in the multiplier events.

Evaluation: How did you evaluate to which extent the project reached its results and objectives? What indicators did you use to measure the quality of the project's results?

Feedback forms were used in training and dissemination activities (i.e. face-to-face training, e-learning, info Days, EU Symposium) to assess the project's impact and quality. These were distributed to all participants shortly after the activity. Tools were used to assess website traffic and usage, as well as the e-learning platform usage (still ongoing).

If relevant, please describe any difficulties you have encountered in managing the implementation of the project and how you and your partners handled them. How did you handle project risks (e.g. conflict resolution processes, unforeseen events, etc.)?

The project encountered some difficulties due to the COVID-19 pandemic. E.g. for IO1, the focus groups in some partners' countries had to be conducted online through video conferences. This was handled by seeking advice on how to perform online focus groups, adjusting the questions, and accepting different discussions than would have been with face-to-face focus groups. Some part of the project had difficulties with keeping deadlines, e.g. the development of the e-learning platform was severely delayed because of illness and shortage of qualified staff. This was handled by giving support to the leading organization (CSI), but unfortunately the e-learning was not in place in time to pilot it during the C2 event. This might have lowered the quality of the final e-learning course. The problems were discussed thoroughly by the partners in the video meetings, and it was concluded that the quality of the course was acceptable despite the delay, and could be launched with an extra quality check by all partners before end of the project. Two of the planned Transnational Meetings were held online due to that it was not safe to travel because of the COVID-19 pandemic. The meetings were extended in time to compensate for the virtual format. The discussions between partners had to be changed with stricter chair. One of the Learning/training activity (C1) was held online for the same reason. This activity was also extended in time, and the virtual format changed the teaching activity.

5. Implementation

this section asks for information about all the stages of the project: implementation of main activities including practical arrangements, participants' profile, impact, dissemination of the results and future plans;

Please describe the project activities and expenses covered with the Project Management and Implementation grant. If the requested amount is different from the automatically calculated one based on the project duration, please explain why.

All partners used their grant for PMI to manage the project in their organization. This included local project meetings and support to staff working in the project. Each partner appointed a financial officer to handle financial issues. One member of each partner organization was appointed as member of the steering committee/ quality assurance committee. The grant was also used to cover additional expenses related to travel and accommodation that was not covered by grant for Transnational meetings or Learning and training activities.

Please describe the methodology you applied in your project.

To ensure a direct and successful connection between objectives and results, the methodological choices were crucial. The project had strategic plans made before start, however, flexibility in agreement with the partners was necessary to achieve the quality outputs we wanted to obtain. The methodology applied in the project was threefold:

1) Identifying knowledge gaps and training needs. This was done by doing comprehensive desk-top research, mapping education and training opportunities in the nutrition and culinary field in Europe, and performing 17 focus group interviews in partners' countries with professionals, VET providers and parents, totally 63 participants.

2) Developing an innovative, comprehensive training course in hands-on (clinical) nutrition counseling and culinary medicine. The course consists of 6 modules and can be delivered both face-to-face and as e-learning. The training development focused on continuous education and adult learning.

3) Testing the developed course and e-learning in the blended mobility training event, and further disseminate the final developed training course and e-learning freely to VET providers and academic institutions.

How did the project partners contribute to the project? Please detail specific contributions made by the partner organisations.

Development of the content of the course was divided between partners based on their expertise. All partners participated in all dissemination activities. Specific contributions made by partners were as follows:

NTNU: Responsible for project coordination which was done by assigning one contact person and a financial officer that kept track of the time schedule and inviting to project meetings. The contact person also lead the quality assurance and steering committee. The NTNU team performed the tasks assigned to them in IO1, namely the mapping of education and training opportunities in selected European MS and own country, and conducting the three focus groups. The team had a leading role of IO2 and completed the Methodology document with contribution from the other partners. The NTNU team of staff developed one module for face-to-face training and e-learning, and translated the whole course into Norwegian (IO3 and IO4). Staff from NTNU delivered the training through C1 and C2, and selected participants to C2. The team had a leading role of IO5, and finalized the guidance document with contribution of the other partners. NTNU arranged the kick-off meeting in Trondheim in January 2020. In November 2022, staff from NTNU presented the project in the European Symposium and in the National Info Day in Norway.

Prolepsis: Contributed with a team of staff in all activities. Prolepsis had a lead role of IO1. The team also performed the assigned tasks in IO1, and finalized the reports where all data collected were analyzed and presented. The team contributed to IO2. The Prolepsis team developed one module for face-to-face training and e-learning, and translated the whole course into Greek (IO3 and IO4). Staff from Prolepsis delivered the training through C1 and C2, and selected participants to C2. Prolepsis was responsible for organizing the C2 event in Athens. Prolepsis arranged the 4th project meeting which was held in Athens, Greece, in June 2022. In November 2022, staff from Prolepsis presented the project in the European Symposium and in the National Info Day in Greece. The team contributed to IO5 and completed the guidance document together with the other partners. Prolepsis was lead partner for the dissemination activities.

University of Navarra (UNAV): Contributed with a team of staff in all activities. The UNAV team performed the tasks assigned to them in IO1. The team contributed to IO2. UNAV had a leading role of IO3, and the team distributed tasks to the other partners and kept track of the development of the training course. The team developed one module of the course, and translated the whole course into Spanish (IO3 and IO4). Staff from UNAV delivered the training through C1 and C2, and selected participants to C2. The team contributed to IO5, and completed the guidance document together with of the other partners. UNAV arranged the 2nd project meeting which was held online from Pamplona, Spain in February 2021. In November 2022, staff from UNAV presented the project in the European Symposium and in the National Info Day in Spain. UNAV was lead organization of the quality assessment activities.

CSI: Contributed with a team of staff in all activities. The team performed the tasks assigned to them in IO1. The team contributed to IO2. CSI had a leading role of IO4, and the team distributed tasks to the other partners and kept track of the development of the e-learning. The team developed one module of the course, and translated the whole course into Greek together with Prolepsis (IO3 and IO4). Staff from CSI delivered the training through C1 and C2, and selected participants to C2. The team contributed to IO5, and completed the guidance document together with of the other partners. CSI arranged the 3rd project meeting which was held online from Nicosia, Cyprus in September 2021. In November 2022, staff from CSI presented the project in the European Symposium and in the National Info Day in Cyprus. CSI had a lead role of developing and hosting the website.

GAZI University: Contributed with a team of staff in all activities. The team performed the tasks assigned to them in IO1, IO2, IO3, IO4 (one module) and IO5. GAZI was responsible for arranging the Joint Staff Training Staff event (C1) which was held online from Ankara, Turkey. GAZI delivered the training through C1 and C2, and selected participants to C2. In November 2022, staff from GAZI presented the project in the European Symposium and in the National Info Day in Turkey.

Androlab: Contributed with staff in all activities. The team performed the tasks assigned to them in IO1, IO2, IO3, IO4 (one module), and IO5. Androlab delivered the training through C1 and C2, and selected participants to C2. Androlab was responsible for arranging the European Symposium that was held in Milano, Italy in November 2022, where they presented the project in English and Italian. The 5th project meeting was arranged by Androlab in Milan, Italy in November 2022.

How did you communicate and cooperate with your partners? What are the positive and negative elements of the cooperation process? What would you improve if you were to carry out a similar project in the future?

Throughout the project's period, NTNU had frequent meetings with partners, such as monthly video conferences and email communication on a regular basis. In total 32 video conferences were held in which one or more representative from each partner was present. Five Transnational Meetings were held, these were scheduled in the timetable, and the lead organization of a specific activity going on at the time was responsible for arranging the project meeting. Communication was also done through joint document server (Google Docs) where partners could collaborate in specific tasks related to development of modules in the course. Most of the communication and cooperation faced minor problems related to language understanding or misunderstandings of deadlines and tasks. This was quickly solved by sending reminders, and in some cases make phone calls. Collaboration in task performance was challenging even with the joint document server, this may have been related to different data protection policy in some of the partner organizations. To carry out a similar project in the future, it would be an improvement if there was as common secure interactive platform where the tasks and communication could be performed on.

What target groups were addressed in your activities plan? Were the target groups changed in comparison to the ones identified in the application form?

The project aimed to develop training for pediatric primary healthcare practitioners, i.e. as part of continuing higher vocational education or specialization in their profession. The target groups were pediatrician, pediatric nurses, medical and nursing students specializing in pediatrics and other professional involved in pediatric care. These target groups were all addressed in the activities carried out in the project. In addition, the opinion of parents were sought in the focus groups related to IO1, and they had some specific needs that were taken into account when developing the training for the healthcare professional, e.g. hand-outs, food preparation videos or meal recipes. The partners had discussions about the target groups at the start of the project, basically because the healthcare system differs between countries. Therefore, mapping of country-specific information of the healthcare system and delivery of pediatric care related to nutrition was done. This showed that, e.g. public health nurses and school teachers might be relevant target groups for the e-learning after the pilot period when the online course is open to the public the next 2 years.

If relevant for your project, did you use or do you plan to use Erasmus+ online platforms (e.g. EPALE, School Education Gateway, eTwinning) for the preparation, implementation and/or follow-up of your project? If yes, please describe how.

Not relevant.

5.1. Transnational Project Meetings

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Meeting ID	60229-TPM-00001
Meeting Title	Kick-off Dr. PED Chef
Description of the meeting	The purpose of the meeting was kick-off of the project. The agenda included information from each partner, presentation of tasks and responsible partners during the whole project period and information about quality assurance and evaluation plan. The consortium agreement was finalized for signature. Outcomes of the meeting was a detailed plan for tasks and milestones related to the intellectual outputs 1-5. A steering committee and quality assurance committee was established. Next transnational project meeting was scheduled in January 2021. Special circumstances was that one the contact persons from the partner Gazi University from Turkey could not attend the meeting because of sickness, and one other contact person attended part of the meeting virtually/by email. The partner CSI from Cyprus sent only one participant because of a misunderstanding of the contract where they had understood that each partner should send only one attendant.
Start Date	13/01/2020

End Date	14/01/2020
Receiving Organisation	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU
Receiving Country	Norway
Receiving City	TRONDHEIM
No. of Participants	7

Meeting ID	60229-TPM-00002
Meeting Title	Transnational Meeting 2
Description of the meeting	The main aim of the meeting was to agree on the content and methodology of the training curriculum. During the meeting, the specific content and material for each training module was comprehensively discussed and assigned to one or more partner. Because of the COVID-19 pandemic the meeting was held online. Chair of the meeting was University of Navarra. All partners attended online with one or more participants. No extra equipment was needed for the meeting and partners used their organizations' equipment for videoconference online (PC with camera and audio, and software for Zoom-meeting).
Start Date	04/02/2021
End Date	05/02/2021
Receiving Organisation	UNIVERSIDAD DE NAVARRA
Receiving Country	Spain
Receiving City	PAMPLONA
No. of Participants	10

Meeting ID	60229-TPM-00003
Meeting Title	Transnational meeting 3
Description of the meeting	The purpose was to discuss the progress on the development of the training curriculum package. The partners also discussed issues related to the development of content in the e-learning platform and the platform's design. Translations of the modules for the e-learning were also discussed. Decisions regarding the joint staff training event were made, in particular, possibilities for having a suitable venue, and whether it was a risk of travelling still due to the COVID-19 pandemic. The meeting was held online due to the pandemic, and no participants travelled to Nicosia.
Start Date	15/09/2021
End Date	16/09/2021
Receiving Organisation	CSI CENTER FOR SOCIAL INNOVATION LTD
Receiving Country	Cyprus
Receiving City	Nicosia
No. of Participants	10

Meeting ID	60229-TPM-00004
Meeting Title	Transnational meeting 4
Description of the meeting	The fourth partners' meeting was held in Athens, Greece in 1st-2nd June 2022, along with the C2 blended mobility training event. The aim was to discuss the feedback and results of the training, as well as any necessary modifications of the e-learning platform, along with the evaluation of the learning outcome. The development of the Guidance for VET providers (IO5 deliverable) was also discussed in terms of its structure and content. In addition, all activities relevant to the organization of the EU Symposium and the National Info Days was discussed during this meeting.
Start Date	01/06/2022
End Date	02/06/2022
Receiving Organisation	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine
Receiving Country	Greece
Receiving City	MAROUSI
No. of Participants	9

Meeting ID	60229-TPM-00005
Meeting Title	Transnational meeting 5

Description of the meeting	The purpose was to discuss the overall project results and impact. Decisions about further exploitation of the project's e-learning tools was made. Each partners made plans for checking the platform in his own language after the meeting, and to send invitations for web-based part of the C2 event. In addition, each country shared the details of how to organize the multiplier events in own country. Prolepsis shared information about the last newsletter and press release to be sent by the end of the project.
Start Date	18/11/2022
End Date	19/11/2022
Receiving Organisation	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA
Receiving Country	Italy
Receiving City	MILANO
No. of Participants	10

Total Number of Participants	46
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5.2. Intellectual Outputs

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Output Identification	O1
Output title	Conceptual Framework for training pediatric primary health care practitioners on childhood nutrition
Output Type	Studies / analysis – Research study / report
Description of the intellectual output	Research indicates significant gaps in health professionals' knowledge and skills related to nutrition. Pediatricians as well as other health professionals, such as nurses who provide care and lifestyle advice to parents and children, recognize the importance of healthy nutrition promotion and obesity prevention during childhood as well as their role in the aforementioned issues. However, they do not feel sufficiently trained to deliver relevant services and consultation. Based on the above research findings, the aim of this output was to more thoroughly examine available training opportunities, and specific knowledge gaps and needs as perceived by the professionals involved in the provision of health care to children and their families. The output report highlighted what exists and what is needed, as well as good practices, while it comprehensively revealed gaps and training requirements. The report served as a guide for the development of the training curriculum. This output's objectives were achieved through (1) Participatory research among the target groups through focus groups in all participating countries, (2) Review of educational and training opportunities around Europe. The specific objectives of O1 are presented as follows: (1) To implement country-specific participatory research using qualitative methods (focus groups) with pediatric primary health care practitioners (i.e. pediatricians, nurses), parents and VET providers with the aim to: - Among practitioners and VET providers: specify and present level of knowledge, perceptions, attitudes, self-efficacy, and perceived professional norms of practitioners regarding nutrition in childhood; - Among practitioners: investigate actual training needs, facilitating factors and barriers when delivering nutritional counseling in their daily clinical practice; - Among parents: investigate parental attitudes and relevant experience on the information and guidance they receive from practitioners regarding their children's and family's nutritional needs, nutrition recommendations, etc. Focus groups were held with representatives of stakeholders mentioned above. Focus groups among these three groups were conducted in each consortium country. In total, three focus groups with 6-10 participants was planned in each partner country. However, due to the out-brake of COVID-19 pandemic in all partner countries, the data from focus groups had to be collected through digital media in some of the partner countries. We therefore reduced the size of the groups to 4-5. Challenges related to the pandemic has also caused a minor delay in this output. We have agreed on strategies to mitigate this, mainly by shortening time for IO2. (2) a. To perform a scoping review on the available education and training opportunities in the nutrition field for the specific target groups, primarily in the consortium countries and secondarily in other EU MS. (2) b. To perform a scoping review on the availability, design/implementation and efficiency of practical culinary education programs for health professionals and/or specified to pediatric care, primarily in the consortium countries and secondarily in other EU MS. To achieve the second objective of the O1, all consortium partners were asked to review their own country as well as other allocated EU countries, in terms of training and education opportunities and relevant useful resources e.g. relevant courses and degrees, formal and informal seminars and other training opportunities. This output is core for the design of the training course, as it guided the development of the training package (modules and relevant material) and the delivery of training at the blended mobility event (C2). The report includes both the findings of the qualitative research and of the scoping review of the education and training opportunities. The review coverage of EU countries outside the consortium, as well as the participatory methodology applied to investigate the specifications for the development of the training ensures better understanding of the situation as well as transferability of the outputs' findings, since the report will identify patterns and necessities at EU level and also detect geographical particularities. In addition, the review and inclusion of culinary medicine initiatives constitute an important innovation of this project, as even though initiatives combining culinary and nutritional education have shown to be effective, such programs have not been applied yet, even more when it comes to Europe. The deliverables of O1 are available here: https://pedchef.eu/deliverables/
Start Date (dd-mm-yyyy)	01/12/2019
End Date (dd-mm-yyyy)	30/11/2022
Available Languages	English
Available Medias	Text
Leading Organisation	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine
Participating Organisations	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, CSI CENTER FOR SOCIAL INNOVATION LTD, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA, GAZI UNIVERSITESI, UNIVERSIDAD DE NAVARRA

Output Identification	O2
Output title	Methodology for the design of the training curriculum
Output Type	Methodologies / guidelines – Methodological framework for implementation

Description of the intellectual output	The aim of O2 was to develop the methodological framework for the design of the training curriculum that will be described in intellectual output (O3). Based on the findings and conclusions of the Conceptual Framework Report (O1 deliverable), an evidence-based methodological framework was designed. This framework served as a basis for the development of a well-structured and efficient training curriculum as well as for the development of training modules and materials that will be suitable for the project target group. More specifically, the framework, referred to as Methodology, constituted a comprehensive guide of what the new training curriculum entails and how it can be implemented. The objective of the Methodology was to offer specific guidelines for the proposed training curriculum, as it describes the fundamentals and strategy for developing the training tools and materials. The guidance document content was agreed upon in the 2nd transnational meeting which was held online from Pamplona, Spain. All participants contributed to the development of the Methodology by discussing the content and giving feedback during the development. The Methodology was disseminated in the European symposium and National Info Days in each partner countries. In detail, the training curriculum Methodology includes the training objectives, expected learning outcomes, means of acquiring knowledge (methods, techniques, case studies, etc.), practices for skills/abilities/competences development, assessment tools, duration of each of the learning units, total duration of theoretical and practical training hours, etc. Thereby, a well-established assessment, validation and recognition of the learning outcomes methodological approach will be set here, so as to achieve a curriculum harmonized with EU guidelines and principles, i.e. the European Qualification Framework (EQF), the methodology of learning outcomes (knowledge, skills and competences), the ECVET system and the certification processes. At the design stage of the curriculum, the consortium will also integrate the principles of recognition of prior learning (RPL) (or prior work experience), where possible. More specifically, professionals involved in delivering nutritional counseling to children and their families, that according to a specific evidence-based methodology can document and demonstrate knowledge and skills of specific modules of the curriculum, will have the opportunity to skip these learning units and not to be re-trained in topics they already know. The application of the RPL process (a) eliminates unnecessary repetition and duplication of material already familiar to the professionals, (b) shortens the time necessary to earn the qualification and (c) enhances professionals' perception and understanding of learning as a lifelong process. This output was core for designing the proposed training course and guided the development of the relevant training modules and material. It also provided guidelines for the delivery of the training at the short term joint staff event (C1) and at the blended mobility of VET learner's event (C2). Furthermore it included a blueprint of the e-learning platform presented in O4, which describes essential elements, such as the sections to be comprised, the contents of each section and the format of their presentation. In addition, a main innovative factor of this output is found in the participatory elements on which the methodology is built, as well as the up-to-date evidence it is based on, as novel approaches, such as culinary medicine, was core in the developed methodology. As the methodology is based both on the research findings already recorded and the findings of Output 1 which address the gaps and needs on an EU level, it also has a strong transferability potential.
Start Date (dd-mm-yyyy)	01/12/2019
End Date (dd-mm-yyyy)	30/11/2022
Available Languages	English
Available Medias	Text
Leading Organisation	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU
Participating Organisations	CSI CENTER FOR SOCIAL INNOVATION LTD, UNIVERSIDAD DE NAVARRA, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA, GAZI UNIVERSITESI, PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine

Output Identification	O3
Output title	Development of the training curriculum package
Output Type	Course / curriculum – Design and development
Description of the intellectual output	The aim of O3 was to create, develop and evaluate the training curriculum package, i.e. the training modules, materials and tools that will be used to train pediatric primary health care practitioners. The content was developed in line with what was provisioned in the Training Curriculum Methodology (O2). The training curriculum package includes the training manual, power point presentations, videos, case studies, exercises, glossary, suggested study visits and reading material per theme, etc. The ultimate goal of the suggested training is to enhance relevant professionals' knowledge and skills in order to use more appropriate, tailor-made and evidence-based nutritional counseling for their pediatric patients and their families, by exploiting a more practical approach. Indicatively, the training curriculum includes modules on applied nutrition for pediatric primary health care practitioners such as: obtaining basic and advanced healthy nutrition principles knowledge, e.g. Dietary guidelines in infancy, childhood and adolescence; Guidelines for obesity prevention and management in childhood; Health communication and nutrition coaching in pediatric population and their families; as well as culinary medicine courses including hands-on chef-led culinary instructions, such as recipes and cooking techniques based on healthy nutrition principles for children, food shopping and storage, meal planning advice, low-cost healthy recipes for families, recipes for special medical conditions, such as food allergies or intolerances, food recycling, etc. The exact description of the curriculum was developed after the completion of previous outputs and with the agreement of all partners. The full training program comprises 60% practical assignments and 40% theoretical inputs. For each module, partners had to deliver: a list of specific objectives and expected outcomes, a detailed description of each training unit (e.g. content and power point presentation), accompanying educational materials and suggested activities e.g. videos, practical assignments, case studies in real clinical setting "role playing", "open seat" and detailed description of methods and assessment tools. Modules follow a common format that was determined and agreed upon between partners. The training package is available in English, while specific parts (the adapted version of the modules for the e-learning) are available in the consortium languages for the delivery of the training through the e-learning platform. The developed training materials as well as the e-learning version of the training (described in O4) was tested through the C1 short-term joint staff online event, during which all the developed modules and the e-learning platform was presented and taught to the consortium partners. Participants in this event were asked to actively comment on the developed training material and evaluate the course. This process was helpful to improve and adjust the final version of the training to the expectations of the end users. After this training event, partners were asked to finalize their developed modules based on the comments and suggestions discussed among the partners. The finalized modules were used for the blended mobility training event (C2) that was provided to health professionals in Athens. This event consisted of a 5-day face-to-face seminar and computer-mediated training activities (using the e-learning platform described in O4). At the end of the training events participants were asked to evaluate the course through on-line questionnaires designed in O2. The expected impact of this output includes capacity building among partner organizations concerning the development of training as well as provision of knowledge and good practices to health professionals in pediatric care on how to provide high-quality nutritional guidance to children and their families. The end goal and deliverable of this action has been a comprehensive peer-reviewed vocational training program for pediatric primary care practitioners available for further exploitation and dissemination. The modules have been developed, evaluated and peer-reviewed by a geographical diverse consortium, hence, it is expected that they will be easily transferable in different contexts and EU countries, addressing a wide range of professionals and organizations active in the field. The innovation and added value of the training curriculum developed for this project is that apart from the provision of scientific knowledge concerning basic and advanced nutrition, health professionals in pediatric care will also receive practical training with the aim of improving their skills in novel approaches, such as culinary medicine. The idea is to offer professionals a unique combination of nutrition and culinary practical knowledge to assist patients in achieving and maintaining optimal health from the early life stages.
Start Date (dd-mm-yyyy)	01/12/2019
End Date (dd-mm-yyyy)	30/11/2022
Available Languages	English
Available Medias	Collection
Leading Organisation	UNIVERSIDAD DE NAVARRA
Participating Organisations	CSI CENTER FOR SOCIAL INNOVATION LTD, GAZI UNIVERSITESI, PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine, NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA

Output Identification	O4
Output title	Project e-learning platform
Output Type	Open / online / digital education – E-learning course / module

Description of the intellectual output	Through the implementation of O4 the project consortium designed and developed an interactive e-learning platform, so as to increase the sustainability of the project training package by making it easily accessible to all interested parties. ICT technologies were used to design an attractive and practical platform for the target group using Open-Source Learning Management System (LMS), such as Moodle (freely available at http://moodle.org/), based on previous knowledge, expertise and experience of the output leader (CSI). The e-learning platform, developed by the consortium members, is used as a virtual learning environment. Through the platform users are able to access the developed training modules, material and tools, participate in learning activities and use assessment tools to evaluate their performance. The e-learning platform creates the possibility to reach the largest possible audience, irrespective of their work or place of residence. Easy access to training materials and resources accommodates difficulties in transportation as well as the hectic schedules of the target group. The e-learning platform includes facilitating tools such as: registration on the e-learning platform, video and audio-visual materials, activities, interactive exercises, and online web material ready to be used by the target group (handouts and resources). All training materials (as outlined in O3) were adapted for the e-learning environment and translated in the consortium languages and are available on the e-learning platform in a user-friendly format. All resources and educational material are open and free for any interested party, enhancing the output's impact and making it accessible to participants with fewer opportunities. The platform is supporting a digital resources data base, multimedia content and interactive infographics. The e-learning platform is hosted on the project's website which will provide all background information related to the project progress, the deliverables, the partners, and the funding agency. An evaluation tool was developed to assess the effectiveness of the platform. The technical characteristics described above, including the open and free availability of the developed educational material in different EU languages contribute to increasing the impact and the transferability of the platform. An additional important element is the opportunity provided by the platform to connect different types of professionals (e.g. pediatricians, nurses and other pediatric primary health care practitioners) and interested partners from various organizations that provide pediatric primary care services to children and their families across the EU.
Start Date (dd-mm-yyyy)	01/12/2019
End Date (dd-mm-yyyy)	30/11/2022
Available Languages	Spanish,Turkish,English,Italian,Greek,Norwegian
Available Medias	Website,Image,Publications,Youtube
Leading Organisation	CSI CENTER FOR SOCIAL INNOVATION LTD
Participating Organisations	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine, NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, GAZI UNIVERSITESI, UNIVERSIDAD DE NAVARRA, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA

Output Identification	O5
Output title	Guidance for VET providers and academic institutions
Output Type	Methodologies / guidelines – Other
Description of the intellectual output	The aim of O5 was to develop and deliver to VET providers and other interested parties, such as academic institutions delivering medical and nutritional studies or different settings, e.g. medical centers, hospitals etc, a guidance document titled "Training curriculum guide for VET providers and academic institutions". The document explains how to implement the knowledge gained through this project in courses related to nutritional and culinary training of pediatric primary health care practitioners, in the context of either accredited training seminars or in the academic curriculum of medical, nursing and other health professional schools. The structure of this guidance is given below: A. Background B. Nutrition-related thematic units necessary in the training of health professionals who provide care to pediatric populations C. Training techniques for the integration of nutrition-related knowledge and skills for primary care pediatric practitioners D. Culinary training for primary care pediatric practitioners: importance, added value and training techniques E. Information related to duration of training, means of delivery, assessment needs, etc. F. Results from piloting the face-to-face training and lessons learned G. References that also could be used as learning resources The guidance document was prepared by all partners under the leadership of NTNU. It will be freely available from the project website for all interested stakeholders. The document will be a useful tool for VET providers stimulating and promoting high standards of vocational training among pediatric primary health care practitioners with the ultimate goal to improve related services offered to children and their families. The output is expected to improve capacity building of VET providers, as well as other types of training organizations such as academic institutions delivering medical and nursing education, and, hence, to better equip and train related professionals who are involved in pediatric health care provision. Given the participatory method applied to the development of the training, the Guidance and recommendations document is also expected to encourage collaboration among different types of professionals by providing the necessary knowledge and tools. An innovative aspect of this guidance document is that emphasis was placed on culinary medicine, a novel approach, especially at a European level, to promoting healthy eating for children and their families.
Start Date (dd-mm-yyyy)	01/12/2019
End Date (dd-mm-yyyy)	30/11/2022
Available Languages	Norwegian,Italian,English,Turkish,Spanish,Greek
Available Medias	Text
Leading Organisation	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU
Participating Organisations	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA, PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine, GAZI UNIVERSITESI, UNIVERSIDAD DE NAVARRA, CSI CENTER FOR SOCIAL INNOVATION LTD

5.3. Multiplier Events

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Event Identification	E1
Event Title	European Symposium
Description of the multiplier event	On November 18th 2022, Androlab organized a 1-day European symposium in Italy, in English, aiming to disseminate the project and its results on a European level, with 45 local participants. Due to the location and increasing flight prices after the COVID-19 pandemic, no foreign participants attended. Therefore, after agreement with the NA in Norway, the number of local participants were increased by 10. The event was held along with the final partners' meeting, with the participation of the consortium and stakeholders from different European countries, so as to further disseminate and promote the exploitation of the project and its results to countries outside the consortium, strengthening the project's European added value. Professionals - representatives of the target groups, experts, academics, policy makers, trainers and other stakeholders, were invited to participate, receive information on the developed material, discuss and exchange ideas on the field. The event aimed to increase cooperation between European VET institutions, medical academic institutions and other bodies. The symposium disseminated acquired knowledge in the field, including practices on the new developed training tools, which may facilitate their further exploitation, transferability to other European countries or even development of other innovative practices of vocational education. The event provided the opportunity to highlight the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages, as well as the pivotal role of pediatric primary health care practitioners to this issue. The "Guidance for VET providers and academic institutions" document was a core deliverable of the project and was presented and disseminated through this event, aiming to be used as a practical tool by training organizations, or organizations in the field, to replicate and expand the newly developed training. Promotional material, info day guidelines, reporting templates and evaluation tools prepared by the dissemination leader (Prolepis) were used by partners to ensure consistency and quality control of the multiplier event. Evaluation tool was developed by leader of quality assessment (University of Navarra) and distributed to participants for feedback.
Country of Venue	Italy
Start Date (dd-mm-yyyy)	18/11/2022

End Date (dd-mm-yyyy)	18/11/2022
Intellectual Outputs Covered (using Output Identification number)	O1;O2;O3;O4;O5
Leading Organisation	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA
Participating Organisations	CSI CENTER FOR SOCIAL INNOVATION LTD, UNIVERSIDAD DE NAVARRA, GAZI UNIVERSITESI, NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine

Event Identification	E2
Event Title	National Info Day
Description of the multiplier event	On November 30th 2022, NTNU, organized a 1-day event in Norway in the national language with 25 participants. The aim was to nationally disseminate and raise awareness on the project and results, following the trainings and completion of project activities. Professional representatives of the target groups, academics, experts, policy makers and other stakeholders was invited to participate and receive information on the developed material. Info days served as a ground for discussion and exchange of ideas between VET institutions, medical academic institutions and other bodies. It also aimed to disseminate acquired knowledge in the field and the new developed training tools that may facilitate their further exploitation or even development of other innovative practices in the field of vocational education. Similarly to the European Symposium, the event highlighted the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages as well as the pivotal role of pediatric primary health care practitioners to this issue. The Guidance for VET providers and academic institutions document, translated in Norwegian, is a core deliverable of the project that was disseminated through this event. Promotional material, info day guidelines, reporting templates was prepared by the dissemination leader (Prolepsis), and evaluation tool prepared by University of Navarra, translated into Norwegian by NTNU, was used to ensure consistency and quality control of the multiplier event.
Country of Venue	Norway
Start Date (dd-mm-yyyy)	30/11/2022
End Date (dd-mm-yyyy)	30/11/2022
Intellectual Outputs Covered (using Output Identification number)	O5;O1;O2;O4;O3
Leading Organisation	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU
Participating Organisations	

Event Identification	E3
Event Title	National Info Day
Description of the multiplier event	On November 29th 2022, Prolepsis, organized a 1-day virtual event in Greece in the national language with 148 participants. The aim was to nationally disseminate and raise awareness on the project and results, following the trainings and completion of project activities. Professionals' representatives of the target groups, academics, experts, policy makers and other stakeholders was invited to participate and receive information about the developed material. Info days serve as a ground for discussion and exchange of ideas between VET institutions, medical academic institutions and other bodies. It also aimed at disseminating acquired knowledge in the field and the new developed training tools that may facilitate their further exploitation or even development of other innovative practices in the field of vocational education. Similarly to the European Symposium, the event highlighted the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages as well as the pivotal role of pediatric primary health care practitioners to this issue. The Guidance for VET providers and academic institutions document, translated in Greek, is a core deliverable of the project that will be disseminated through this event. The developed promotional material, info day guidelines, reporting templates and evaluation tools as used to ensure consistency and quality control of the multiplier event.
Country of Venue	Greece
Start Date (dd-mm-yyyy)	29/11/2022
End Date (dd-mm-yyyy)	29/11/2022
Intellectual Outputs Covered (using Output Identification number)	O2;O3;O5;O4;O1
Leading Organisation	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine
Participating Organisations	

Event Identification	E4
Event Title	National Info Day
Description of the multiplier event	On November 21st, UNIVERSIDAD DE NAVARRA, organized a 1-day event in Spain in the national language with around 15 participants attending the Clinic University of Navarra in Madrid and 27 participants attending online. The aim was to nationally disseminate and raise awareness on the project and results, following the trainings and completion of project activities. Professionals' representatives of the target groups, academics, experts, policy makers and other stakeholders were invited to participate and receive information on the developed material. This Info Day served as a ground for discussion and exchange of ideas between VET institutions, medical academic institutions and other bodies. It also allowed to disseminate acquired knowledge on the field and the new developed training tools that may facilitate their further exploitation or even development of other innovative practices in the field of vocational education. Similarly to the European Symposium, the event highlighted the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages as well as the pivotal role of pediatric primary health care practitioners to this issue. The Guidance for VET providers and academic institutions document, translated in Spanish, was a core deliverable of the project that was disseminated through this event. Promotional material and evaluation tools were used by UNAV to ensure consistency and quality control of the Info Day.

Country of Venue	Spain
Start Date (dd-mm-yyyy)	21/11/2022
End Date (dd-mm-yyyy)	21/11/2022
Intellectual Outputs Covered (using Output Identification number)	O2;O4;O5;O3;O1
Leading Organisation	UNIVERSIDAD DE NAVARRA
Participating Organisations	

Event Identification	E5
Event Title	National Info Day
Description of the multiplier event	On 29.11.2022, CSI, organized a 1-day online event in Cyprus in the national language with 10 participants. The aim was to nationally disseminate and raise awareness on the project and results, following the trainings and completion of project activities. Professional representatives of the target groups, academics, experts, policy makers and other stakeholders were invited to participate and receive information on the developed material. The majority of the participants were parents and people interested in learning about culinary medicine. During the event, the e learning platform was presented to the participants, the outputs of the project and also deliverables. The event highlighted the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages as well as the pivotal role of pediatric primary health care practitioners to parents. The Guidance for VET providers and academic institutions document, translated in Greek, was a core deliverable of the project that was disseminated through this event. The second part of the event was an interactive practical cooking session where participants had the opportunity to use one of the resources prepared by the project (recipe video) and discuss the different approaches and methods of culinary medicine.
Country of Venue	Cyprus
Start Date (dd-mm-yyyy)	29/11/2022
End Date (dd-mm-yyyy)	29/11/2022
Intellectual Outputs Covered (using Output Identification number)	O5;O3;O1;O2;O4
Leading Organisation	CSI CENTER FOR SOCIAL INNOVATION LTD
Participating Organisations	

Event Identification	E6
Event Title	National Info Day
Description of the multiplier event	On November 15th, Gazi University, organized a 1-day event in Turkey in the national language with 69 participants. The aim was to nationally disseminate and raise awareness on the project and results, following the trainings and completion of project activities. Professional representatives of the target groups, academics, experts, policy makers and staff of WHO Turkey office were invited to participate and received information on the developed material. Info days served as a ground for discussion and exchange of ideas between VET institutions, medical academic institutions and other bodies. The acquired knowledge about the project was disseminated in the field and the new developed training tools that may facilitate their further exploitation or even development of other innovative practices in the field of vocational education. Similar to the European Symposium, the event highlighted the importance and necessity of an interdisciplinary and integrated approach for promoting healthy nutrition from the early life-stages as well as the pivotal role of pediatric primary health care practitioners to this issue. The Guidance for VET providers and academic institutions document, translated in Turkish, is a core deliverable of the project that was disseminated through this event. Promotional material and info day guidelines were prepared in Turkish. Quality assessment of the national info day was prepared as google form survey in Turkish and sent by e-mail addresses of 69 participants. In the evaluation of the national info day, the participants found that, the purpose, outputs, modules and trainings of the project were interesting, useful and applicable to daily life. They stated that they especially liked the culinary medicine part. In the afternoon session of the program, a workshop was held to discuss the national applicability of the project and the participants stated that similar projects could be conducted.
Country of Venue	Turkey
Start Date (dd-mm-yyyy)	15/11/2022
End Date (dd-mm-yyyy)	15/11/2022
Intellectual Outputs Covered (using Output Identification number)	O5;O2;O3;O4;O1
Leading Organisation	GAZI UNIVERSITESI
Participating Organisations	

5.4. Learning/Teaching/Training Activities

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Activity No.	C1
Field	VET
Activity Type	SP-VET-SHORT
Description of the activity	The aim of the short-term joint staff event was to implement the developed training (face-to-face and e-learning) among partners, as well as evaluate delivery methods and content. The training was then to be delivered to pediatric primary health care practitioners during the C2 blended mobility event. The C1 event took place once the training curriculum, plan and training package (modules, materials and tools) were completed. It had a 4-day duration, during which participants (partners' staff) tested the contents, methods and materials and the e-learning stages of the developed training. The C1 was originally planned to be a 3-day face-to-face meeting, but due to ongoing pandemic and restrictions, partners decided that it was appropriate and necessary for it to be online. Over the 4 days, project partners assessed the training contents, the modules, the training methodology, the assessment process and the relevance for pediatric primary health care professionals involved in the delivery of training. The content of the face-to-face training seminar included the following elements and assessment indicators: Academic presentations (tested for amount of information, clarity, length, relevance, and usefulness); Experiential group exercises (tested for clarity of the scope, easiness to use, existence of appealing features, etc); Evaluation package (assessed to determine the extent to which the suggested instruments measure satisfaction, learning outcomes and behavior). The following elements of the e-learning platform were tested: Registration procedure; Learning instruments embedded (presentations, case studies, exercises, videos, etc.); Platform operability and other proposed learning methodologies; Evaluation instruments embedded (quizzes, check your knowledge questionnaires, etc.) and their accuracy. The activity aimed at helping to assess the content of the training package and functionality of the developed training prior to the C2 event. Following C1, partners had 2 months to make any necessary modifications agreed upon at the meeting concerning the modules and training material for the face-to-face training. They also had 3 months to make the relevant changes to the e-learning platform, which should be available in the partner languages, in order to improve the training overall and in continuation use it in the C2 activity. Participants at the C1 event included participants from all partner organizations. Participants was selected based on their background and expertise and with the aim to act as trainers/facilitators for the blended mobility event that followed. The C1 training event was completed as online meeting hosted by Turkish partner with the participation of key persons from each partner organization. Some modifications related to practical part of the training had to be done, specifically as demonstrations and videos presented online. Gazi University, the partner responsible for this activity, undertook all responsibilities related to the organization of the online meeting hosted by Turkish partner.
Country of Venue	Turkey
No. of Participants	19
Participants with Special Needs (out of total number of Participants)	0
Accompanying Persons (out of total number of Participants)	0
Is this a long-term activity?	No
Funded Duration (days)	0
Participating Organisations	GAZI UNIVERSITESI, NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, UNIVERSIDAD DE NAVARRA, PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine, CSI CENTER FOR SOCIAL INNOVATION LTD, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA

Activity No.	C2
Field	VET
Activity Type	SP-VET-BLEND
Description of the activity	This training activity represents the implementation of the training course for professionals working on pediatric health care provision for children and their families. The elements of this course was previously tested during the C1 event. This training activity comprised of two stages; the face-to-face stage and the e-learning stage. More specifically, the training was delivered through: a) Trainees from the pediatric healthcare sector, including 28 trainees i.e. pediatricians, nurses, and other relevant health professionals participated in the Dr.PED-Chef 5-Day European Training Workshop in Athens from Monday 30th of May to Friday 3rd of June 2022. The workshop, organized by the Prolepsis Institute, included presentations about the fundamentals of healthy nutrition, insights on resources, effective tools, practical counseling tips for promoting healthy eating to families, and cooking demonstrations of healthy recipes, and b) distance-learning courses through the e-learning platform, where all the training materials are adapted (in an e-learning format) and become available in all the consortium languages, i.e. Norwegian, Greek, Spanish, Italian and Turkish. The e-learning training will be available for a period of 2 months. In total, 40 participants was selected for participation in the face-to-face event as follows: 5 participants per country from Norway, Spain, Turkey, Italy and Cyprus and 15 participants from Greece. However, a smaller number of participants from some of the partners managed to attend due to financial issues/travel and accommodation costs that exceeded grants provided, and partners decided that it was not possible to cover the extra costs for more than 3-4 participants instead of 5. Lecturers were staff members of the project partners who previously attended the C1 training event. Additionally, 120 participants were invited to use the e-learning platform (attending a distance learning course). Participants were invited following a call for participation that was widely disseminated. Key persons per partner that attended the C1 activity were asked to organize this distance learning initiative in their country, which will run for 2 months. The selection process of the trainees for both training stages (face-to-face and e-learning) as well as their profile was as presented below. Trainees profile: - physicians with professional experience in pediatric care - medical students specialized in the field of pediatrics - professionals other than physicians who are involved in pediatric care e.g. nurses, midwives, family physicians Selection process: Partners actively disseminated this training opportunity in order to attract and select the trainees who will attend the training. In brief, participants was selected based on: a) completed application form, b) as wide representativeness of the learners as possible based upon agreed guidelines delivered to all partners regarding the target group. The course (both face-to-face and online training) ends with a final examination. After completion of the training course the registered participants who have completed the training and passed the examination receive their certificates.
Country of Venue	Greece
No. of Participants	28
Participants with Special Needs (out of total number of Participants)	0
Accompanying Persons (out of total number of Participants)	0
Is this a long-term activity?	No
Funded Duration (days)	131
Participating Organisations	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine, CSI CENTER FOR SOCIAL INNOVATION LTD, GAZI UNIVERSITESI, NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU, UNIVERSIDAD DE NAVARRA, FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA

5.5. Participants in Learning/Teaching/Training Activities

5.5.1. Participants' Profile

For each activity, please describe the background and profile of the participants involved in the learning, teaching or training activities. How were the participants selected, prepared and supported? If relevant, please describe any practical arrangement set for the participants, including training, teaching or learning agreements.

14 staff from the partners' organizations participated in the short-term training event. The background of the participants were pediatricians, nurses, physiotherapists, dieticians, psychologists or managers with expertise in teaching and adult learning for health professionals. Participants were selected based on their expertise and ability to deliver the training in the blended mobility event. All participants prepared teaching material, PowerPoint slides and videos that they had been involved in during the development phases (IO3 and IO4). The activity was held online, and the teaching was provided through a video conference platform. After the teaching activity, the participants got feedback from the other participants. In the blended mobility event 28 participants (learners) and 12 trainers/teachers/facilitators attended the face-to-face training in Athens, Greece. The teachers were the same staff that had participated in the short term training event. The learners had background as dieticians, pediatricians, GPs, family doctors, public health nurses and community nurses. The participants were selected based on their background, as they should be in the target groups. Each partner were responsible for disseminating the education opportunity in their country, and select participants based on the application from each individual. Each partner arranged the travel and accommodation for participants. Prolepsis organized the training by providing teaching facilities and teaching kitchen. The teachers prepared material for their relevant module, such as PowerPoint slides, videos and hands-out.

5.5.2. Participants' Recognition

Did your project make use of European instruments like Europass, ECVET, Youthpass, ECTS etc. or any national instruments/certificates for recognition or validation of the learning outcomes of the participants in the learning, teaching or training activities?

No

If you have used other recognition/validation instruments, please describe them:

After the course, learning participants completed an exam (Multiple-Choice Questions - MCQ) that had to be passed. The participants then received a Certificate of Completion.

5.5.3. Intensive Study Programmes - Invited teachers

This section doesn't apply for this project

6. Follow-up

6.1. Impact

What was the project's impact on the participants, participating organisations, target groups and other relevant stakeholders?

Participants in the project were staff member of participating organizations, and trainees from the target groups in the C2 activity and e-learning. Six partner organizations from six countries were involved. More than 25 staff members were involved in all or parts of the project. All partners were involved in development of at least one module of the course, including the e-learning. This provided the organizations with experience in carrying out such a project, experience in transcultural collaboration in education, and knowledge of education and pedagogical methods used in different parts of Europe. Participants from the partners organizations achieved skills in teaching a diverse class with learners from many different countries. Regarding the target groups, 28 trainees participated in the face-to-face training, and gained new knowledge and skills in nutrition counseling and culinary medicine. By the end of the project, 453 users had registered to the e-learning course on the e-learning platform. The e-learning is provided in English, Greek, Spanish, Italian, Norwegian and Turkish and will thereby reach many different learners. Completion of the e-learning gives a certificate based on the new knowledge output the learners have achieved.

What was the impact of the project at the local, regional, European and/or international levels? Please provide qualitative and quantitative indicators.

The project have had impacts through the dissemination activities. At the local level, the project results were disseminated through the multiplier events in the local language (Greek, Italian, Spanish, Norwegian or Turkish). In total 254 participated in the national multiplier events. Throughout the project period, three newsletters were sent, and had 3056 recipients. Regionally, there were 34 media clips and 2 radio interviews about the project. Information was spread throughout Europe and internationally through the website, and by the end of the project there had been 11043 website visitors and views. More than 228 had downloaded the Guidance document from the website, in one of the languages provided. The guidance document was disseminated to more than 1000 stakeholders in all partner countries.

How did the project contribute to the achievement of the most relevant priorities as indicated in the description section?

According to the quality assessment report, most objectives achieved 100 % of requirements, and had high level of overall satisfaction. This relates to both participants of the partners organizations (staff) and trainees in the Blended Mobility, where the scores of overall satisfaction were similarly high. Staff got experience in developing the interactive training curriculum, got increased knowledge and skills in providing counseling on nutrition-dependent issues to pediatric patients, applied an innovative educational practice, and got incentives to advocate for the inclusion of nutritional issues to medical academic curricula. Partner organizations reinforced already established networks for further cooperation. The target groups gained knowledge, skills and attitudes concerning nutritional counseling for children and their families, and increased skills in food preparation and cooking can enhance personal adherence to healthier dietary habits. One main priority was that the health care professionals should be more aware of preventive measures and health promotion that enhance healthy nutritional habits from early life, and the significance health care professionals have when it comes to nutritional counseling.

6.2. Dissemination and Use of Project Results

To whom did you disseminate the project results inside and outside your partnership? Please define in particular your targeted audience(s) at local/regional/national/EU level/international and explain your choices.

The principal target group of the project was pediatric primary health care practitioners. The project primarily focused on pediatricians and pediatric nurses including other health professionals who provide pediatric care and counselling to children and families such as family doctors, general physicians working in municipalities, public health doctors and nurses working in primary care, midwives etc. The abovementioned audiences were selected on the base of their immediate relationship with parents and the family; hence they could directly provide them with useful information on nutrition-related issues. The target group at the national, local, and regional levels also included medical students and nursing students in undergraduate studies or postgraduate pediatric specialization studies who were involved through the focus groups, and the face-to-face and e-learning training activities. The selection criteria were based on two facts. First, these students will be the "future health professionals" who will provide specialized health care to children and their families. Apart from that, as shown by the desktop research that was conducted by the consortium and the focus groups that were organized, there is inadequate under- and post- graduate education of physicians throughout Europe regarding nutrition and healthy eating – even more when it comes to specific populations such as children and adolescents, as well as lack of knowledge about health communication techniques and nutrition counseling for children and their families. The project also targeted through dissemination activities the following groups: Professional pediatric and nursing associations, health care organizations, academic institutions, medical schools, nursing schools and other relevant health professional schools. These groups have the opportunity to share the information provided by the Dr.PED-Chef consortium (newsletters, project results, educational material, etc.), to their members. Other target groups included parent and child associations, VET providers and developers of VET training. Relevant governmental services and policy makers were also approached through our dissemination activities. Lastly, the project was disseminated inside the partnership, among personnel and volunteers in all related departments. At international level, the project targeted pan-European associations and European networks as well as already established networks of the participating organizations.

What kind of dissemination activities did your partnership carry out and through which channels? Please also provide information on the feedback received.

The following dissemination activities were carried out:

- The Dr.PED-Chef training Workshop

Prolepsis Institute organized with the support of the Dr.PED-Chef project partners a 5-day training workshop for pediatricians, nurses, and other relevant health professionals. 12 trainers and 28 trainees from the pediatric healthcare sector had the opportunity to be trained on the educational materials that were developed throughout the project focusing on the fundamentals of healthy nutrition, insights on resources, effective tools, practical counseling tips for promoting healthy eating to families, and cooking demonstrations of healthy recipes. The evaluation was predominantly positive.

- National Info days

1-day multiplier events (online, hybrid, and face-to-face events) were organized in Cyprus, Greece, Norway, Spain, and Turkey in November 2022 to nationally disseminate and raise awareness on the project and its results, following the completion of project activities. Info days served as a ground for discussion and exchange of ideas and offered an opportunity to disseminate the acquired knowledge on the field and the newly developed educational tools. More than 259 health professionals, academics, students, policy makers, participated and received information on the developed material. Participants found the events interesting, useful and applicable.

- EU Info day

The Dr.PED-Chef European symposium was held on November 18, 2022, in Milan, aiming to disseminate the project and its results on a European level. 51 interested professionals and 12 partners representing the consortium organizations attended the EU event. Professional associations who participated were family doctors, nurses, dietitians, pediatricians and biologist-nutritionists. The consortium presented the methodology and research findings of the project, a Guidance for VET providers and academic institutions, as well as the Dr.PED-Chef e-learning platform.

- E-learning platform

The Dr.PED-Chef consortium has developed an online educational platform, aiming to strengthen educational skills and improve knowledge on nutrition-related issues through the combination of hands-on nutrition science education with culinary medicine education. Until now 453 (number of users) have been registered on the platform in order to practice the 6 training modules and participate in interdisciplinary and specialized learning activities.

- Dissemination of the project leaflet

The project leaflet, designed by the consortium, provides a brief description of the program and presents its main objectives, along with the expected outcomes. The leaflet has been designed in English and translated in Greek, Italian, Norwegian, Spanish, and Turkish. It was printed and sent to pediatric and other medical associations, pediatric hospitals etc.

- Media releases

Press releases were sent to inform the media about the project, the training Workshop, the national info days and disseminate its results. More information can be found on the dissemination report that will be uploaded in the Erasmus + platform.

The following communication channels (digital and written) have been used in order to promote the project and disseminate its results: i) project website, ii) social media (Facebook page), iii) newsletters, iv) press releases, v) project leaflet, vi) multiplier events. The project has reached so far through the aforementioned channels several of the following stakeholders: pediatricians and pediatric nurses, leadership and members of professional pediatric and nursing associations, medical associations, pediatric hospitals, VET providers, parents associations, etc.

Website

The Dr.PED-Chef website pedchef.eu provides information about the progress and the outputs of the project. Also, it provides open access to the training modules and educational tools through the e-learning platform. More than 11000 views have been registered.

Newsletters

Dr.PED-Chef Newsletters were sent the project dissemination list and to international contacts across Europe. The content entailed current news as well as information on the training activities. The final newsletter provided detailed information on the project results and links to the training tools. Apart from the registered recipients, the newsletter was further disseminated through the communication channels of each partner (e.g through Prolepsis newsletter which is sent to over 3,000 recipients).

Social Media

Additional promotion efforts were made through the social media. The project's Facebook page was used as a tool to promote the program and activities, disseminate its results and to share interesting news and articles on healthy nutrition related issues.

Other dissemination activities contained focus group discussions with pediatricians, pediatric nurses, students, VET providers etc.

Erasmus+ promotes an open access requirement for all materials produced through its projects. In case your project has produced intellectual outputs/tangible deliverables, please describe if and how you have promoted free access to them by the public. In case a limitation was imposed for the use of the open licence, please specify the reasons, extent and nature of this limitation.

The project website is the main tool which covers the Erasmus+ open access requirement of the materials developed within the project. All major intellectual outputs (reports, literature review of training opportunities, training curriculum guide), along with the e-learning platform are accessible for free through the website. All material is available to major intellectual outputs in the form of e-learning, which allows further exploitation of the training curriculum after project completion. The Dr.PED-Chef website will be maintained for 2 years following the completion of the project and will offer the opportunity to visitors to request additional information from the coordinator. A contact person is placed to offer information and appropriate material to all those who are interested in the training tools for the period of 2 years following the end of the project. Dissemination activities, and in particular the national info days and the EU Symposium had a particular focus on promoting the free access of the training materials to the public and the target audiences.

How have you ensured that the project's results will remain available and be used by others?

Preliminary research as well as the extensive literature review implemented during the 1st year of the project has shown that although pediatric health care professionals have a crucial role to play in tackling the childhood obesity epidemic due to their easy access to children and families, they lack the appropriate training and skills to provide high quality nutritional counseling to children and families. The project aimed to address this gap and need, and hence sustaining project results beyond the lifetime of the project will be of central importance. In particular, specific actions have been planned to ensure that outcomes will continue to be available and affect the target groups after the project has ended. Paramount to the consortium are the training tools – educational units and material – that have been developed during the project lifetime continue to be used after project completion. To this end the training which is available through the e-learning platform, will continue to be available to interested parties after project completion. This is why the project website and the e-learning training material will be maintained for a further two years after the project closure. The website will continue to be updated with relevant information. Furthermore, plans have been made to follow up with the participants of all the trainings and the multiplier events to promote the usage of the training materials. In addition, a contact person will offer information and appropriate material to all those who are interested in the training tools for a period of 2 years following the end of the project. Finally, efforts will be made to continue conducting the face-to-face training events mostly on a local level. Stakeholders, such as academic and political leaders will be targeted by being informed and invited to meetings in each of the participating countries. In this way the project will help raise awareness on the importance of specific training for professionals working with children, bringing the issue higher on the agenda, thus promoting such initiatives.

How did you see the potential to use this project's approach in other projects on a larger scale and/or in a different field or area?

The training approach used in this project seemed to be effective in promoting healthy nutrition habits in a specific target group. The consortium aims to exploit this method under other circumstances and in different target groups. University of Navarra, in collaboration with Prolepsis Institute, already participates in a new 3-year Erasmus + project that started in 1st September 2022 where the culinary medicine approach will be applied for patients with type II diabetes (Project acronym: Cook@DIAbeat).

6.3. Sustainability

What are the activities and results that will be maintained after the end of the EU funding, and how will you ensure the resources needed to sustain them?

The e-learning course will be open as a free e-learning for two years after the end of the EU funding. The e-learning is available in English, Norwegian, Greek, Spanish, Italian and Turkish, and will thereby reach a large number of professionals in the target groups throughout Europe. A certificate in English is provided by completing the e-learning course, and this can be used for qualification merit of vocational continuing education for these professionals. A guidance document for VET providers and academic institutions is available in English, Norwegian, Greek, Spanish, Italian and Turkish both on the projects website (pedchef.eu) and in the Erasmus+ Project Results Platform where it can be downloaded. This guidance document gives details on how to design a local course that might be implemented in medical and health professionals' curricula in European countries and worldwide. Results from the learning and training activity C2 was presented in an international conference and abstract is included in the conference proceedings. Outcomes of the project are three reports describing the desktop research and results from the qualitative focus group study. These reports can be freely downloaded from the projects' website and the Erasmus+ Project Results Platform. These resources may be helpful for VET providers and academic institutions seeking to develop courses for target groups in their own languages. A contact person from each country will be available for questions and more information about the education opportunities.

7. Budget

this section gives a detailed overview of the final amount of the EU grant you request;

7.1. Budget Summary

OID of the Organisation	Name of the Organisation	Country of the Organisation	Project Management and Implementation	Transnational Project Meetings	Intellectual Outputs	Multiplier Events	Learning/Teaching/Training Activities				Special Needs Support	Exceptional Costs	Exceptional Cost Guarantee	Total (Calculated)
							Travel	Individual Support	Linguistic Support	Exceptional Costs for Expensive Travel				
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	18,000.00	3,040.00	48,070.00	2,500.00	1,440.00	1,582.80	0.00	0.00	0.00	1,500.00	0.00	76,132.80
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	9,000.00	3,060.00	25,455.00	150.00	1,375.00	1,577.20	0.00	0.00	0.00	3,000.00	0.00	43,617.20
E10200512	GAZI UNIVERSITESI	Turkey	9,000.00	2,300.00	17,964.00	3,000.00	1,375.00	1,740.00	0.00	0.00	0.00	900.00	0.00	36,279.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	9,000.00	3,430.00	38,601.00	1,900.00	1,440.00	1,646.40	0.00	0.00	0.00	996.00	0.00	57,013.40
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	9,000.00	2,670.00	31,480.00	2,220.00	360.00	834.40	0.00	0.00	0.00	965.25	0.00	47,529.65
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	9,000.00	2,670.00	37,966.00	4,500.00	825.00	1,234.80	0.00	0.00	0.00	1,500.00	0.00	57,695.80
Total			63,000.00	17,170.00	199,536.00	14,270.00	6,815.00	8,615.60	0.00	0.00	0.00	8,861.25	0.00	318,267.85

7.1.1. Project Total Amount

Project Total Amount Reported (Calculated)	318,267.85
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Please provide any further comments you may have concerning the above figure.

We refer to the Addendum to the Grant Agreement for KA2 Strategic Partnerships dated 09-09-2020. 60 % of the funds allocated for Transnational Project Meetings #2 and #3, and Learning/teaching/training event C1, that were held online (no travel) is transferred to Intellectual Outputs. There has also been transfer of funding between Intellectual Outputs within partners. This means that number of working days on the different IOs reported may differ from the budget that was granted for some partners.

7.2. Project management and implementation

OID of the Organisation	Role of the Organisation	Name of the Organisation	Country of the Organisation	Total
E10212804	Partner	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	9,000.00
E10209399	Beneficiary	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	18,000.00
E10080747	Partner	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	9,000.00
E10224578	Partner	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	9,000.00
E10200512	Partner	GAZI UNIVERSITESI	Turkey	9,000.00
E10208239	Partner	UNIVERSIDAD DE NAVARRA	Spain	9,000.00
Total				63,000.00

7.3. Transnational Project Meetings

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Total No. of Meetings	Total Number of Participants in All Meetings	Distance Band	Grant per participant	Total (Calculated)
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	1	2	100 - 1999 km	575.00	1,150.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	1	1	>= 2000 km	760.00	760.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	1	2	100 - 1999 km	575.00	1,150.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	1	2	>= 2000 km	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	1	2	100 - 1999 km	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	1	2	100 - 1999 km	575.00	1,150.00
E10200512	GAZI UNIVERSITESI	Turkey	1	2	100 - 1999 km	575.00	1,150.00
E10200512	GAZI UNIVERSITESI	Turkey	1	2	>= 2000 km	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	1	2	>= 2000 km	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	1	2	100 - 1999 km	575.00	1,150.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	1	2	>= 2000 km	760.00	1,520.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	1	1	>= 2000 km	760.00	760.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	1	2	>= 2000 km	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	1	2	>= 2000 km	760.00	1,520.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	1	2	>= 2000 km	760.00	1,520.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	1	2	>= 2000 km	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	1	2	100 - 1999 km	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	1	2	100 - 1999 km	575.00	1,150.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	1	2	>= 2000 km	760.00	1,520.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	1	2	>= 2000 km	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	1	2	100 - 1999 km	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	1	2	>= 2000 km	760.00	1,520.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	1	2	100 - 1999 km	575.00	1,150.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	1	2	100 - 1999 km	0.00	0.00

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Total No. of Meetings	Total Number of Participants in All Meetings	Distance Band	Grant per participant	Total (Calculated)
Total							17,170.00

7.4. Intellectual Outputs

OID of the Organisation	Name of the Organisation	Country of the Organisation	Output Identification	Category of Staff	No. Of Working Days	Grant per Day	Total (Calculated)
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	42	241.00	10,122.00
				Technicians	0	190.00	0.00
				Administrative support staff	0	0.00	0.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	15	137.00	2,055.00
				Technicians	2	102.00	204.00
				Administrative support staff	0	0.00	0.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	40	137.00	5,480.00
				Technicians	6	102.00	612.00
				Administrative support staff	0	0.00	0.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	52	137.00	7,124.00
				Technicians	19	102.00	1,938.00
				Administrative support staff	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	50	137.00	6,850.00
				Technicians	8	102.00	816.00
				Administrative support staff	0	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	20	214.00	4,280.00
				Technicians	4	162.00	648.00
				Administrative support staff	0	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	31	241.00	7,471.00
				Technicians	0	190.00	0.00
				Administrative support staff	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	30	137.00	4,110.00
				Technicians	6	102.00	612.00
				Administrative support staff	0	0.00	0.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	32	137.00	4,384.00
				Technicians	5	102.00	510.00
				Administrative support staff	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	40	137.00	5,480.00
				Technicians	12	102.00	1,224.00
				Administrative support staff	0	0.00	0.00

OID of the Organisation	Name of the Organisation	Country of the Organisation	Output Identification	Category of Staff	No. Of Working Days	Grant per Day	Total (Calculated)
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	40	214.00	8,560.00
				Technicians	5	162.00	810.00
				Administrative support staff	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	28	74.00	2,072.00
				Technicians	7	55.00	385.00
				Administrative support staff	0	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	26	137.00	3,562.00
				Technicians	6	102.00	612.00
				Administrative support staff	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	42	74.00	3,108.00
				Technicians	5	55.00	275.00
				Administrative support staff	0	0.00	0.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	20	137.00	2,740.00
				Technicians	4	102.00	408.00
				Administrative support staff	0	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	O1	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	66	137.00	9,042.00
				Technicians	10	102.00	1,020.00
				Administrative support staff	0	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	12	137.00	1,644.00
				Technicians	2	102.00	204.00
				Administrative support staff	0	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	93	137.00	12,741.00
				Technicians	18	102.00	1,836.00
				Administrative support staff	0	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	68	241.00	16,388.00
				Technicians	12	190.00	2,280.00
				Administrative support staff	0	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	18	214.00	3,852.00
				Technicians	2	162.00	324.00
				Administrative support staff	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	68	74.00	5,032.00
				Technicians	10	55.00	550.00
				Administrative support staff	0	0.00	0.00

OID of the Organisation	Name of the Organisation	Country of the Organisation	Output Identification	Category of Staff	No. Of Working Days	Grant per Day	Total (Calculated)
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	58	137.00	7,946.00
				Technicians	8	102.00	816.00
				Administrative support staff	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	18	74.00	1,332.00
				Technicians	4	55.00	220.00
				Administrative support staff	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	O2	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	22	137.00	3,014.00
				Technicians	6	102.00	612.00
				Administrative support staff	0	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	20	241.00	4,820.00
				Technicians	0	190.00	0.00
				Administrative support staff	0	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	O3	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	42	214.00	8,988.00
				Technicians	6	162.00	972.00
				Administrative support staff	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	60	74.00	4,440.00
				Technicians	10	55.00	550.00
				Administrative support staff	0	0.00	0.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	52	137.00	7,124.00
				Technicians	8	102.00	816.00
				Administrative support staff	0	0.00	0.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	O4	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	40	214.00	8,560.00
				Technicians	6	162.00	972.00
				Administrative support staff	0	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	O5	Managers	0	0.00	0.00
				Teachers/Trainers/Researchers/Youth Workers	29	241.00	6,989.00
				Technicians	0	190.00	0.00
				Administrative support staff	0	0.00	0.00
Total					1365		199,536.00

7.5. Multiplier Events

OID of the Organisation Organising the Event	Name of the Organisation	Country of the Organisation	Event Identification	Country of Venue	No. of Local Participants Physical Activities	Grant per local Participant Physical Activities	No. of Foreign Participants Physical Activities	Grant per Foreign Participant Physical Activities	No. of Participants in Virtual Activities	Grant per Participant in Virtual Activities	Total Amount (Calculated)
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	E1	Italy	45	100.00	0	200.00	0	0.00	4,500.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	E4	Spain	19	100.00	0	200.00	0	0.00	1,900.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	E5	Cyprus	0	0.00	0	0.00	10	15.00	150.00

OID of the Organisation Organising the Event	Name of the Organisation	Country of the Organisation	Event Identification	Country of Venue	No. of Local Participants Physical Activities	Grant per local Participant Physical Activities	No. of Foreign Participants Physical Activities	Grant per Foreign Participant Physical Activities	No. of Participants in Virtual Activities	Grant per Participant in Virtual Activities	Total Amount (Calculated)
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	E2	Norway	25	100.00	0	200.00	0	0.00	2,500.00
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	E1	Italy	0	100.00	0	200.00	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	E3	Greece	0	0.00	0	0.00	148	15.00	2,220.00
E10200512	GAZI UNIVERSITESI	Turkey	E6	Turkey	30	100.00	0	200.00	0	0.00	3,000.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	E1	Italy	0	100.00	0	200.00	0	0.00	0.00
E10200512	GAZI UNIVERSITESI	Turkey	E1	Italy	0	100.00	0	200.00	0	0.00	0.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	E1	Italy	0	100.00	0	200.00	0	0.00	0.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	E1	Italy	0	100.00	0	200.00	0	0.00	0.00
Total					119	900.00	0	1,800.00	158	30.00	14,270.00

7.6. Learning/Teaching/Training Activities

7.6.1. Travel

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Activity No.	Activity Type	Distance Band	Travel Grant per Participant	No. of Participants	Exceptional Costs for Expensive Travel	Total (Calculated)
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	C2	Blended mobility of VET learners	500 - 1999 km	275.00	5	0.00	1,375.00
E10200512	GAZI UNIVERSITESI	Turkey	C2	Blended mobility of VET learners	500 - 1999 km	275.00	5	0.00	1,375.00
E10208239	UNIVERSIDAD DE NAVARRA	Spain	C2	Blended mobility of VET learners	2000 - 2999 km	360.00	4	0.00	1,440.00
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	C2	Blended mobility of VET learners	2000 - 2999 km	360.00	4	0.00	1,440.00
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	C2	Blended mobility of VET learners	100 - 499 km	180.00	2	0.00	360.00
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	C2	Blended mobility of VET learners	500 - 1999 km	275.00	3	0.00	825.00
Total							23	0.00	6,815.00

7.6.2. Individual Support

7.6.2.1. Short-term Learning/Teaching/Training Activities

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Activity No.	Activity Type	Participants (Without Accompanying Persons)						Accompanying Persons		
					Funded Duration (days) Physical Activity	Funded Duration (days) Virtual Activity	No. of Participants (without accompanying persons)	Grant per Participant Physical Activity	Grant per Participant Blended Activity	Grant per Participant Virtual Activity	Funded Duration (days) Physical Activity	Funded Duration (days) Virtual Activity	No. Of Accompanying Persons
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	C1	Short-term joint staff training events	0	4	2	0.00	0.00	63.60	0	0	0
E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	C2	Blended mobility of VET learners	5	0	5	290.00	0.00	0.00	0	0	0
E10200512	GAZI UNIVERSITESI	Turkey	C2	Blended mobility of VET learners	6	0	5	348.00	0.00	0.00	0	0	0
E10208239	UNIVERSIDAD DE NAVARRA	Spain	C1	Short-term joint staff training events	0	4	4	0.00	0.00	63.60	0	0	0

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Activity No.	Activity Type	Participants (Without Accompanying Persons)						Accompanying Persons		
					Funded Duration (days) Physical Activity	Funded Duration (days) Virtual Activity	No. of Participants (without accompanying persons)	Grant per Participant Physical Activity	Grant per Participant Blended Activity	Grant per Participant Virtual Activity	Funded Duration (days) Physical Activity	Funded Duration (days) Virtual Activity	No. Of Accompanying Persons
E10208239	UNIVERSIDAD DE NAVARRA	Spain	C2	Blended mobility of VET learners	6	0	4	348.00	0.00	0.00	0	0	0
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	C1	Short-term joint staff training events	0	4	3	0.00	0.00	63.60	0	0	0
E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	C2	Blended mobility of VET learners	6	0	4	348.00	0.00	0.00	0	0	0
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	C1	Short-term joint staff training events	0	4	4	0.00	0.00	63.60	0	0	0
E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	C2	Blended mobility of VET learners	5	0	2	290.00	0.00	0.00	0	0	0
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	C1	Short-term joint staff training events	0	4	3	0.00	0.00	63.60	0	0	0
E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	C2	Blended mobility of VET learners	6	0	3	348.00	0.00	0.00	0	0	0
Total					34.00	20	39	Total			0.00	0	0

7.6.2.2. Long-term Learning/Teaching/Training Activities

This section doesn't apply for this project

7.6.3. Linguistic Support

This section doesn't apply for this project

7.6.4. Exceptional Costs for Expensive Travel

This section doesn't apply for this project

7.7. Special Needs Support

This section doesn't apply for this project

7.8. Exceptional Costs

ID	OID of the Organisation	Name of the Organisation	Country of the Organisation	Description and Justification	Total Incurred Cost	Grant Requested (75%)
1	E10080747	CSI CENTER FOR SOCIAL INNOVATION LTD	Cyprus	Design and development of E-learning platform for project Dr. Ped Chef - 1 st payment	4,000.00	3,000.00
2	E10209399	NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET NTNU	Norway	Translation of training material into Norwegian	2,000.00	1,500.00
3	E10212804	PROLEPSIS Civil Law Non Profit Organization of Preventive Environmental and Occupational Medicine	Greece	Funding for exceptional costs was granted for translation of material to Greek, and to arrange the C2 event in Greece (renting teaching kitchen and conference room, approved by the National Agency in advance).	1,287.00	965.25
4	E10208239	UNIVERSIDAD DE NAVARRA	Spain	This is for translation of learning material into Spanish.	1,328.00	996.00
5	E10224578	FONDAZIONE ANDROLOGIA PEDIATRICA E DELL'ADOLESCENZA	Italy	Grant for translation of learning material into Italian.	2,000.00	1,500.00
6	E10200512	GAZI UNIVERSITESI	Turkey	The grant has funding for translation of learning material into Turkish.	1,200.00	900.00
Total					11,815.00	8,861.25

7.9. Exceptional costs - Guarantee


This section doesn't apply for this project

8. Annexes

additional documents that are mandatory for the completion of the report;
Please note that all documents mentioned below need to be attached here before you submit your form online.
Before submitting your report to the National Agency, please check that:

- all necessary information on your project have been encoded in Mobility Tool+
- The report form has been completed using one of the mandatory languages specified in the Grant Agreement.
- you have annexed all the relevant documents:
- the Declaration of Honour signed by the legal representative of the beneficiary organisation.
- the necessary supporting documents as requested in the grant agreement.
- You have saved or printed the copy of the completed form for yourself.
- you have uploaded the relevant results on the Erasmus+ Project Results Platform:

List of uploaded files

 Exceptional Costs Prolepsis.pdf 0.23 Mb 12 days ago	✕
 2019-1-NO01-KA202-060229-DeclarationOfHonour-06122022123942.pdf DOH 0.14 Mb 7 days ago	✕
 Exceptional costs Androlab.pdf 0,13 Mb 12 days ago	✕
 Exceptional costs CSI.pdf 0.55 Mb 12 days ago	✕
 Exceptional costs GAZI.pdf 0,12 Mb 12 days ago	✕
 Exceptional costs NTNU.pdf 0.02 Mb 12 days ago	✕
 Exceptional costs UNAV.pdf 0.48 Mb 12 days ago	✕