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Education Information

Doctorate, Gazi University, Sağlık Bilimleri Enstitüsü, Turkey 2017 - Continues
Postgraduate, Gazi University, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik (Yl) (Tezli), Turkey 2015 - 2017
Undergraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik Bölümü, Turkey 2010 - 2014

Research Areas

Nutrition and Dietetics

Academic Titles / Tasks

Research Assistant, Kirikkale University, Faculty Of Health Scıences, Department Of Nutrıtıon And Dıetetıcs, 2014 - 2018

Published journal articles indexed by SCI, SSCI, and AHCI

I. **The effect of chronotype on chrononutrition and circadian parameters in adults: a cross-sectional study**
ÖZATA UYAR G., YILDIRAN H., Korkmaz G., Kiliç G., Kesgin B. N.
Biological Rhythm Research, vol.54, no.12, pp.782-802, 2023 (SCI-Expanded)

II. **The association among circadian rhythm, circadian genes and chrononutrition, its effect on obesity: a review of current evidence**
Özata Uyar G., Yıldıran H.
BIOLOGICAL RHYTHM RESEARCH, vol.53, no.12, pp.1821-1847, 2022 (SCI-Expanded)

III. **A Comparison of the Indirect Calorimetry and Different Energy Equations for the Determination of Resting Energy Expenditure of Patients With Renal Transplantation**
Tek N., Yurtdaş G., Cemali Ö., Bayazıt A. D., Çelik Ö., Uyar G. Ö., Güneş B. D., Özbaş B., Erten Y.
Journal of Renal Nutrition, vol.31, pp.296-305, 2021 (SCI-Expanded)

IV. **New approach to peripheral nerve injury: nutritional therapy**
Yıldıran H., Macit M. S., Özata Uyar G.

NUTRITIONAL NEUROSCIENCE, vol.23, no.10, pp.744-755, 2020 (SCI-Expanded)

V. **The relationship between sleep duration, sleep quality and dietary intake in adults**
Çakır B., Kılınç F. N., Özata Uyar G., Özenir Ç., Ekici E. M., Karaismailoğlu E.
SLEEP AND BIOLOGICAL RHYTHMS, vol.18, no.1, pp.49-57, 2020 (SCI-Expanded)

VI. **Association of Mediterranean diet and anthropometric measures with quality of life in coronary artery disease patients**
Uyar G. Ö., Coskun A. B., Gokalp G., Köksal E.
NUTRICION HOSPITALARIA, vol.36, no.3, pp.674-680, 2019 (SCI-Expanded)

VII. **A nutritional approach to microbiota in Parkinson's disease**
ÖZATA UYAR G., YILDIRAN H.
BIOSCIENCE OF MICROBIOTA FOOD AND HEALTH, vol.38, no.4, pp.115-127, 2019 (SCI-Expanded)

Articles Published in Other Journals

I. **Association of Adipokines and Insulin, Which Have a Role in Obesity, with Colorectal Cancer**
ÖZATA UYAR G., Sanlier N.
EURASIAN JOURNAL OF MEDICINE, vol.51, no.2, pp.191-195, 2019 (ESCI)

II. **Çölyak Hastalığında Glutensiz Diyet Tedavisi: Bir Olgu Sunumu**
ERTAŞ ÖZTÜRK Y., ÖZATA UYAR G., SERİN Y., EĞİRİTAŞ GÜRKAN Ö.
Journal of Nutrition and Dietetics, vol.46, no.3, 2018 (Peer-Reviewed Journal)

III. **The Effect of Ketogenic Diet Treatment in Drug-resistant Epilepsies of Childhood**
ÖZATA UYAR G., Sanlier N.
TURKISH JOURNAL OF NEUROLOGY, vol.24, no.3, pp.216-225, 2018 (ESCI)

IV. **Gençlerin Beslenme ve Gıda Güvenliğine İlişkin Bilgi ve Davranışlarının Değerlendirilmesi**
ŞANLIER N., ADANUR UZUNLAR E., ÖZATA UYAR G., ELİBOL E., BEYAZ COŞKUN A., ERDOĞAN R., BOZBAŞ E.
Kastamonu Üniversitesi Kastamonu Eğitim Dergisi, vol.25, no.3, pp.941-956, 2017 (Peer-Reviewed Journal)

Books & Book Chapters

I. **Beslenme Anemileri ve Tıbbi Beslenme Tedavisi**
TEVFİKOĞLU PEHLİVAN L., ŞANLIER N., YARDIMCI H., YASSIBAŞ E., ŞAHİN G., ÖZATA UYAR G., BODUR M., KAHRAMAN S.
in: Vakalarla Öğreniyorum: Çocuk Hastalılarında Tıbbi Beslenme Tedavisi - 2, Prof. Dr. Nevin Şanlıer, Editor, Hedef CS Basın Yayın, Ankara, pp.320-355, 2019

Refereed Congress / Symposium Publications in Proceedings

I. **Evaluation of the relationship among individuals' energy intake, BMI values and EAT-26 scores**
YILDIRAN H., KÖKSAL E., MACİT M. S., ÖZATA UYAR G.
25th European Congress on Obesity, Viyana, 23 - 26 May 2018

II. **The Association between Nutrient Adequacy and Body Mass Index in Young Female Adults**
ÖZATA UYAR G., KÖKSAL E., YILDIRAN H., MACİT M. S.
25th European Congress on Obesity, 23 - 26 May 2018

III. **The metabolic syndrome in pre- and post-menopausal woman**
Akbulut G., Acar Tek N., Özata Uyar G., Güneş B. D.
25th European Congress on Obesity, Vienna, Austria, May 23-26, 2018, Vienna, Austria, 23 - 25 May 2018, pp.174

IV. **Assessment of food group consumption in young female adults according to Turkey Dietary Guideline**

MACİT M. S., KÖKSAL E., ÖZATA UYAR G., YILDIRAN H.
25th European Congress on Obesity, Viyana, Austria, 23 - 26 May 2018

V. **Koroner Arter Hastalarında Akdeniz Diyetine Uyum ve Diyet Yeterliliğinin Değerlendirilmesi**
BEYAZ COŞKUN A., ÖZATA UYAR G., GÖKALP G., KÖKSAL E.
Adnan Menderes Üniversitesi I.Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017

VI. **Koroner Arter Hastalarında Akdeniz Diyeti ve Metabolik Risk Etmenlerinin Değerlendirilmesi**
ÖZATA UYAR G., BEYAZ COŞKUN A., GÖKALP G., KÖKSAL E.
Adnan Menderes Üniversitesi 1. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017

VII. **The Evaluation of Body-mass Index and Weight Loss In Colorectal Cancer Patients**
YASSIBAŞ E., ÖZATA UYAR G., ŞANLIER N., SAMUR F. G.
European Congress on Obesity, 17 - 20 May 2017

VIII. **Is There a Relationship Between Birth Weight and Childhood Obesity?**
ÖZATA UYAR G., ŞANLIER N., MORTAŞ H.
European Congress on Obesity, 17 - 20 May 2017

IX. **Kolorektal Kanserli Hastaların Serum İrisin, Rezistin ve İnsülin Hormon Düzeyleri İle Beden Kütle İndeksi Arasında Bir İlişki Var Mı?**
ÖZATA UYAR G., ŞANLIER N., UNCU D.
10.Klinik Enteral Paranteral Nutrisyon Kongresi, Turkey, 29 March - 02 April 2017

X. **Kolorektal Kanserli Hastaların Beslenme Durumlarının Değerlendirilmesi**
ÖZATA UYAR G., ŞANLIER N.
7. Ulusal Obezite Kongresi, İstanbul, Turkey, 8 - 11 December 2016

XI. **Kolorektal Kanserli Hastaların Malnütrisyon Durumlarının Değerlendirilmesi**
ÖZATA UYAR G., ŞANLIER N.
7. Ulusal Obezite Kongresi, İstanbul, Turkey, 8 - 11 December 2016

XII. **Relation of Food Intake and Body Mass Index in Young Students**
BEYAZ COŞKUN A., ELİBOL E., ADANUR E., ÖZATA UYAR G., ERDOĞAN R., BOZBAŞ E., ŞANLIER N.
European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016

XIII. **Growth Monitoring In Children With Type 1 Diabetes**
KÖKSAL E., KARAÇİL ERMUMCU M. Ş., BOZBULUT R., ÖZATA UYAR G.
European Obesity Summit(EOS) – Joint Congress of EASO and IFSO-EC, 1 - 04 June 2016

XIV. **The Mechanism and Effect of Ketogenic Diet in Obesity**
ÖZATA UYAR G., ŞANLIER N.
European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016

XV. **Assesment of Anthropometric Measurements in Adolescent**
ŞANLIER N., ÖZATA UYAR G.
European Obesity Summit, Göteborg, Sweden, 1 - 04 June 2016

XVI. **Fetal Programming of Obesity and Child Health**
ŞAHİN G., ŞANLIER N., ÖZATA UYAR G.
Europen Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016

XVII. **The Evaluation of Adolescent Nutrition Status**
ŞANLIER N., ÖZATA UYAR G.
EOS 2016 European Obesity Summit, Göteborg, Sweden, 1 - 04 June 2016

XVIII. **Cereal Based Nutrition in Turkey**
ÖZATA UYAR G., ŞANLIER N.
15th International Cereals and Bread Congress, 18 - 21 April 2016

XIX. **Whole Grain and Weight Management**
ÖZATA UYAR G., ŞANLIER N.
15 th International Cereal and Bread Congress, 18 - 21 April 2016

Metrics

Publication: 32
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