

## Res. Asst. GİZEM ÖZATA UYAR

### Personal Information

Office Phone: [+90 312 216 2622](tel:+903122162622)

Email: [gizemozata@gazi.edu.tr](mailto:gizemozata@gazi.edu.tr)

Other Email: [gizemozata91@gmail.com](mailto:gizemozata91@gmail.com)

Web: <https://avesis.gazi.edu.tr/gizemozata>

### International Researcher IDs

ScholarID: hXR5e9oMAAAAJ

ORCID: 0000-0002-9022-6956

Publons / Web Of Science ResearcherID: AIE-3157-2022

ScopusID: 57209990777

Yoksis Researcher ID: 227403

### Education Information

Doctorate, Gazi University, Sağlık Bilimleri Enstitüsü, Turkey 2017 - Continues

Postgraduate, Gazi University, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik (YI) (Tezli), Turkey 2015 - 2017

Undergraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik Bölümü, Turkey 2010 - 2014

### Research Areas

Nutrition and Dietetics

### Academic Titles / Tasks

Research Assistant, Kirikkale University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, 2014 - 2018

### Published journal articles indexed by SCI, SSCI, and AHCI

- I. **The effect of chronotype on chrononutrition and circadian parameters in adults: a cross-sectional study**  
ÖZATA UYAR G., YILDIRAN H., Korkmaz G., Kiliç G., Kesgin B. N.  
Biological Rhythm Research, vol.54, no.12, pp.782-802, 2023 (SCI-Expanded)
- II. **The association among circadian rhythm, circadian genes and chrononutrition, its effect on obesity: a review of current evidence**  
Özata Uyar G., Yıldiran H.  
BIOLOGICAL RHYTHM RESEARCH, vol.53, no.12, pp.1821-1847, 2022 (SCI-Expanded)
- III. **A Comparison of the Indirect Calorimetry and Different Energy Equations for the Determination of Resting Energy Expenditure of Patients With Renal Transplantation**  
Tek N., Yurtdaş G., Cemali Ö., Bayazit A. D., Çelik Ö., Uyar G. Ö., Güneş B. D., Özbaş B., Erten Y.  
Journal of Renal Nutrition, vol.31, pp.296-305, 2021 (SCI-Expanded)
- IV. **New approach to peripheral nerve injury: nutritional therapy**  
Yıldiran H., Macit M. S., Özata Uyar G.

NUTRITIONAL NEUROSCIENCE, vol.23, no.10, pp.744-755, 2020 (SCI-Expanded)

- V. **The relationship between sleep duration, sleep quality and dietary intake in adults**  
Çakır B., Kılınç F. N., Özata Uyar G., Özenir Ç., Ekici E. M., Karaismailoğlu E.  
SLEEP AND BIOLOGICAL RHYTHMS, vol.18, no.1, pp.49-57, 2020 (SCI-Expanded)
- VI. **Association of Mediterranean diet and anthropometric measures with quality of life in coronary artery disease patients**  
Uyar G. Ö., Coskun A. B., Gokalp G., Köksal E.  
NUTRITION HOSPITALARIA, vol.36, no.3, pp.674-680, 2019 (SCI-Expanded)
- VII. **A nutritional approach to microbiota in Parkinson's disease**  
ÖZATA UYAR G., YILDIRAN H.  
BIOSCIENCE OF MICROBIOTA FOOD AND HEALTH, vol.38, no.4, pp.115-127, 2019 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Association of Adipokines and Insulin, Which Have a Role in Obesity, with Colorectal Cancer**  
ÖZATA UYAR G., Sanlier N.  
EURASIAN JOURNAL OF MEDICINE, vol.51, no.2, pp.191-195, 2019 (ESCI)
- II. **Çölyak Hastalığında Glutensiz Diyet Tedavisi: Bir Olgu Sunumu**  
ERTAŞ ÖZTÜRK Y., ÖZATA UYAR G., SERİN Y., EĞİRİTAŞ GÜRKAN Ö.  
Journal of Nutrition and Dietetics, vol.46, no.3, 2018 (Peer-Reviewed Journal)
- III. **The Effect of Ketogenic Diet Treatment in Drug-resistant Epilepsies of Childhood**  
ÖZATA UYAR G., Sanlier N.  
TURKISH JOURNAL OF NEUROLOGY, vol.24, no.3, pp.216-225, 2018 (ESCI)
- IV. **Gençlerin Beslenme ve Gıda Güvenliğine İlişkin Bilgi ve Davranışlarının Değerlendirilmesi**  
ŞANLIER N., ADANUR UZUNLAR E., ÖZATA UYAR G., ELİBOL E., BEYAZ COŞKUN A., ERDOĞAN R., BOZBAŞ E.  
Kastamonu Üniversitesi Kastamonu Eğitim Dergisi, vol.25, no.3, pp.941-956, 2017 (Peer-Reviewed Journal)

## Books & Book Chapters

- I. **Beslenme Anemileri ve Tıbbi Beslenme Tedavisi**  
TEVFİKOĞLU PEHLİVAN L., ŞANLIER N., YARDIMCI H., YASSIBAŞ E., ŞAHİN G., ÖZATA UYAR G., BODUR M., KAHRAMAN S.  
in: Vakalarla Öğreniyorum: Çocuk Hastalarında Tıbbi Beslenme Tedavisi - 2, Prof. Dr. Nevin Şanlier, Editor, Hedef CS Basın Yayın, Ankara, pp.320-355, 2019

## Refereed Congress / Symposium Publications in Proceedings

- I. **Evaluation of the relationship among individuals' energy intake, BMI values and EAT-26 scores**  
YILDIRAN H., KÖKSAL E., MACİT M. S., ÖZATA UYAR G.  
25th European Congress on Obesity, Viyana, 23 - 26 May 2018
- II. **The Association between Nutrient Adequacy and Body Mass Index in Young Female Adults**  
ÖZATA UYAR G., KÖKSAL E., YILDIRAN H., MACİT M. S.  
25th European Congress on Obesity, 23 - 26 May 2018
- III. **The metabolic syndrome in pre- and post-menopausal woman**  
Akbulut G., Acar Tek N., Özata Uyar G., Güneş B. D.  
25th European Congress on Obesity, Vienna, Austria, May 23-26, 2018, Vienna, Austria, 23 - 25 May 2018, pp.174
- IV. **Assessment of food group consumption in young female adults according to Turkey Dietary Guideline**

MACİT M. S., KÖKSAL E., ÖZATA UYAR G., YILDIRAN H.

25th European Congress on Obesity, Viyana, Austria, 23 - 26 May 2018

- V. **Koroner Arter Hastalarında Akdeniz Diyetine Uyum ve Diyet Yeterliliğinin Değerlendirilmesi**  
BEYAZ COŞKUN A., ÖZATA UYAR G., GÖKALP G., KÖKSAL E.  
Adnan Menderes Üniversitesi Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017
- VI. **Koroner Arter Hastalarında Akdeniz Diyeti ve Metabolik Risk Etmenlerinin Değerlendirilmesi**  
ÖZATA UYAR G., BEYAZ COŞKUN A., GÖKALP G., KÖKSAL E.  
Adnan Menderes Üniversitesi 1. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017
- VII. **The Evaluation of Body-mass Index and Weight Loss In Colorectal Cancer Patients**  
YASSIBAŞ E., ÖZATA UYAR G., ŞANLIER N., SAMUR F. G.  
European Congress on Obesity, 17 - 20 May 2017
- VIII. **Is There a Relationship Between Birth Weight and Childhood Obesity?**  
ÖZATA UYAR G., ŞANLIER N., MORTAŞ H.  
European Congress on Obesity, 17 - 20 May 2017
- IX. **Kolorektal Kanserli Hastaların Serum İrisin, Rezistin ve İnsülin Hormon Düzeyleri İle Beden Kütle İndeksi Arasında Bir İlişki Var Mı?**  
ÖZATA UYAR G., ŞANLIER N., UNCU D.  
10.Klinik Enteral Parantral Nutrisyon Kongresi, Turkey, 29 March - 02 April 2017
- X. **Kolorektal Kanserli Hastaların Beslenme Durumlarının Değerlendirilmesi**  
ÖZATA UYAR G., ŞANLIER N.  
7. Ulusal Obezite Kongresi, İstanbul, Turkey, 8 - 11 December 2016
- XI. **Kolorektal Kanserli Hastaların Malnütrisyon Durumlarının Değerlendirilmesi**  
ÖZATA UYAR G., ŞANLIER N.  
7. Ulusal Obezite Kongresi, İstanbul, Turkey, 8 - 11 December 2016
- XII. **Relation of Food Intake and Body Mass Index in Young Students**  
BEYAZ COŞKUN A., ELİBOL E., ADANUR E., ÖZATA UYAR G., ERDOĞAN R., BOZBAŞ E., ŞANLIER N.  
European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016
- XIII. **Growth Monitoring In Children With Type 1 Diabetes**  
KÖKSAL E., KARAÇİL ERMUMCU M. Ş., BOZBULUT R., ÖZATA UYAR G.  
European Obesity Summit(EOS) – Joint Congress of EASO and IFSO-EC, 1 - 04 June 2016
- XIV. **The Mechanism and Effect of Ketogenic Diet in Obesity**  
ÖZATA UYAR G., ŞANLIER N.  
European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016
- XV. **Assesment of Anthropometric Measurements in Adolescent**  
ŞANLIER N., ÖZATA UYAR G.  
European Obesity Summit, Göteborg, Sweden, 1 - 04 June 2016
- XVI. **Fetal Programming of Obesity and Child Health**  
ŞAHİN G., ŞANLIER N., ÖZATA UYAR G.  
European Obesity Summit, Gothenburg, Sweden, 1 - 04 June 2016
- XVII. **The Evaluation of Adolescent Nutrition Status**  
ŞANLIER N., ÖZATA UYAR G.  
EOS 2016 European Obesity Summit, Göteborg, Sweden, 1 - 04 June 2016
- XVIII. **Cereal Based Nutrition in Turkey**  
ÖZATA UYAR G., ŞANLIER N.  
15th International Cereals and Bread Congress, 18 - 21 April 2016
- XIX. **Whole Grain and Weight Management**  
ÖZATA UYAR G., ŞANLIER N.  
15 th International Cereal and Bread Congress, 18 - 21 April 2016

## **Metrics**

Publication: 32

Citation (WoS): 49

Citation (Scopus): 65

H-Index (WoS): 4

H-Index (Scopus): 4