

# Prof. TANSU ULUKAVAK ÇİFTÇİ

## Personal Information

Office Phone: [+90 312 202 6119](tel:+903122026119)

Email: [tansu.ciftci@gazi.edu.tr](mailto:tansu.ciftci@gazi.edu.tr)

Web: <https://avesis.gazi.edu.tr/tansu.ciftci>

## International Researcher IDs

ORCID: 0000-0002-9311-2575

Yoksis Researcher ID: 6943



## Education Information

Competence In Art, Thomas Jefferson University, Tıp Fakültesi, Dahili Tıp Bilimleri, United States Of America 2001 - 2001

Competence In Art, Universite de Bourgogne-Dijon, Tıp Fakültesi, Dahili Tıp Bilimleri, France 1996 - 1997

Expertise In Medicine, Diğer (Kurumlar,hastaneler Vb.), Hastaneler, Ankara Atatürk Göğüs Hastalıkları Ve Göğüs Cerrahisi Eğitim Ve Araştırma Hastanesi, Turkey 1992 - 1997

Undergraduate, Ankara University, Ankara Tıp Fakültesi, Turkey 1986 - 1992

## Foreign Languages

English, C1 Advanced

French, C1 Advanced

## Research Areas

Health Sciences

## Academic Titles / Tasks

Professor, Gazi University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2011 - Continues

## Academic and Administrative Experience

Head of Department, Gazi University, Tıp Fakültesi, Dahili Tıp Bilimleri, 2023 - Continues

## Courses

TÜBERKÜLOZ, Undergraduate, 2023 - 2024

Mesleksi Akciğer Hastalıkları, Postgraduate, 2016 - 2017

## Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Effects Of Polysomnographic And Anthropometric Determinants On Required Levels Of Positive Airway Pressure Levels And Changes Of Pap Levels Under Treatment**  
Ciftci T., Kokturk O., Sinanoglu N.  
AMERICAN JOURNAL OF RESPIRATORY AND CRITICAL CARE MEDICINE, vol.187, 2013 (SCI-Expanded)
- II. **EFFECTS OF ANTHROPOMETRIC AND POLYSOMNOGRAPHIC DETERMINANTS ON REQUIRED LEVELS OF POSITIVE AIRWAY PRESSURE AND CHANGES OF POSITIVE AIRWAY PRESSURE LEVELS UNDER TREATMENT**  
Kokturk O., Ciftci T., Topbasi N. S.  
RESPIROLOGY, vol.16, pp.245, 2011 (SCI-Expanded)
- III. **Consequences of hypoxia-reoxygenation phenomena in patients with obstructive sleep apnea syndrome**  
ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O., Demirtas S., GÜLBAHAR Ö., BUKAN N.  
ANNALS OF SAUDI MEDICINE, vol.31, no.1, pp.14-18, 2011 (SCI-Expanded)
- IV. **Serum Neuron-Specific Enolase (NSE) and Homocysteine Levels in Obstructive Sleep Apnea Syndrome (OSAS)**  
Ergun P., Ciftci B., Ergun R., Erdogan Y., Turay U. Y., Biber C., Firat S., Yilmaz A., Gezici A. R., Ciftci T.  
TURKIYE KLINIKLERI TIP BILIMLERI DERGISI, vol.30, no.6, pp.1884-1890, 2010 (SCI-Expanded)
- V. **The clinical and polysomnographic features in complex sleep apnea syndrome**  
İNÖNÜ KÖSEOĞLU H., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.  
TURKISH JOURNAL OF MEDICAL SCIENCES, vol.40, no.5, pp.693-699, 2010 (SCI-Expanded)
- VI. **Risk Factor for Traffic Accident: Obstructive Sleep Apnea Syndrome**  
Akar T., Kokturk O., Demirel B., Ciftci T., Durukan E.  
TURKIYE KLINIKLERI TIP BILIMLERI DERGISI, vol.29, no.4, pp.938-945, 2009 (SCI-Expanded)
- VII. **Could Obstructive Sleep Apnea Syndrome be a Component of Metabolic Syndrome?**  
Kanbay A., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.  
TURKISH JOURNAL OF MEDICAL SCIENCES, vol.39, no.2, pp.161-166, 2009 (SCI-Expanded)
- VIII. **Obstructive Sleep Apnoea, Cigarette Smoking and Plasma Orexin-A in a Sleep Clinic Cohort**  
Aksu K., Gueven S. F., Aksu F., Ciftci B., Ciftci T., Aksaray S., Sipit T., Peker Y.  
JOURNAL OF INTERNATIONAL MEDICAL RESEARCH, vol.37, no.2, pp.331-340, 2009 (SCI-Expanded)
- IX. **Role of nitric oxide synthase gene intron 4 and exon 7 polymorphisms in obstructive sleep apnea syndrome**  
Bayazit Y. A., YILMAZ M., Erdal E., ULUKAVAK ÇİFTÇİ T., CEYLAN A., KÖKTÜRK O., Celenk F., KEMALOĞLU Y. K.  
EUROPEAN ARCHIVES OF OTO-RHINO-LARYNGOLOGY, vol.266, no.3, pp.449-454, 2009 (SCI-Expanded)
- X. **OBSTRUCTIVE SLEEP APNEA IN ISCHEMIC STROKE PATIENTS**  
Tosun A., Koektuerk O., Karatas G. K., ULUKAVAK ÇİFTÇİ T., Sepici V.  
CLINICS, vol.63, no.5, pp.625-630, 2008 (SCI-Expanded)
- XI. **Features of patients with laryngeal tuberculosis**  
Ucar N., Ciftci B., Calisir H. C., ULUKAVAK ÇİFTÇİ T., Oegretensoy M.  
TURKIYE KLINIKLERI TIP BILIMLERI DERGISI, vol.28, no.4, pp.473-477, 2008 (SCI-Expanded)
- XII. **Vascular endothelial growth factor and carotid intima-media thickness in patients with Behcet's disease**  
Ozturk M. A., Unverdi S., ÖZHAN OKTAR S., BUKAN N., GÜLBAHAR Ö., Ureten K., GÖKER B., HAZNEDAROĞLU Ş., Sungur G., ULUKAVAK ÇİFTÇİ T., et al.  
CLINICAL RHEUMATOLOGY, vol.27, no.8, pp.961-966, 2008 (SCI-Expanded)
- XIII. **Split-night versus full-night polysomnography: Comparison of the first and second parts of the night**  
Ciftci B., Ciftci T., Guven S. F.  
ARCHIVOS DE BRONCONEUMOLOGIA, vol.44, no.1, pp.3-7, 2008 (SCI-Expanded)
- XIV. **Comparison of serum adiponectin and tumor necrosis factor-alpha levels between patients with and without obstructive sleep apnea syndrome**  
Kanbay A., KÖKTÜRK O., ULUKAVAK ÇİFTÇİ T., Tavail Y., BUKAN N.

- RESPIRATION, vol.76, no.3, pp.324-330, 2008 (SCI-Expanded)
- XV. **Comparison of right ventricular functions by tissue Doppler imaging in patients with obstructive sleep apnea syndrome with or without hypertension**  
Tavil Y., Kanbay A., Sen N., Ciftci T., Abaci A., Yalcin M. R., Koektuerk O., Cengel A.  
INTERNATIONAL JOURNAL OF CARDIOVASCULAR IMAGING, vol.23, no.4, pp.469-477, 2007 (SCI-Expanded)
- XVI. **The relationship between aortic stiffness and cardiac function in patients with obstructive sleep apnea, independently from systemic hypertension**  
Tavil Y., Kanbay A., Sen N., Ciftci T., Abaci A., Yalcin M. R., Koektuerk O., Cengel A.  
JOURNAL OF THE AMERICAN SOCIETY OF ECHOCARDIOGRAPHY, vol.20, no.4, pp.366-372, 2007 (SCI-Expanded)
- XVII. **Association of GABA(B)R1 receptor gene polymorphism with obstructive sleep apnea syndrome**  
Bayazit Y. A., Yilmaz M., Kokturk O., Erdal M. E., Ciftci T., Gokdogan T., Kemaloglu Y. K., Ileri F.  
ORL-JOURNAL FOR OTO-RHINO-LARYNGOLOGY AND ITS RELATED SPECIALTIES, vol.69, no.3, pp.190-197, 2007 (SCI-Expanded)
- XVIII. **Insulin receptor substrate gene polymorphism is associated with obstructive sleep apnea syndrome in men**  
Bayazit Y. A., Erdal M. E., Yilmaz M., Ciftci T., Soylemez F., Gokdogan T., Kokturk O., Kemaloglu Y. K., Koybasioglu A.  
LARYNGOSCOPE, vol.116, no.11, pp.1962-1965, 2006 (SCI-Expanded)
- XIX. **Serum homocysteine levels and cardiovascular morbidity in obstructive sleep apnea syndrome**  
Kokturk O., Ciftci T., Mollarecep E., Ciftci B.  
RESPIRATORY MEDICINE, vol.100, no.3, pp.536-541, 2006 (SCI-Expanded)
- XX. **Elevated C-reactive protein levels and increased cardiovascular risk in patients with obstructive sleep apnea syndrome**  
Kokturk O., Ulukavak T., Mollarecep E., Ciftci B.  
INTERNATIONAL HEART JOURNAL, vol.46, no.5, pp.801-809, 2005 (SCI-Expanded)
- XXI. **Relationship between sleep complaints and proinflammatory cytokines in haemodialysis patients**  
Erten Y., Kokturk O., Yuksel A., Elbeg S., Ciftci T., Pasaoglu H., Ozkan S., Bali M., Arinsoi T., Sindel S.  
NEPHROLOGY, vol.10, no.4, pp.330-335, 2005 (SCI-Expanded)
- XXII. **Association of serotonin transporter gene polymorphism with obstructive sleep apnea syndrome**  
Yilmaz M., Bayazit Y., Ciftci T., Erdal M., Urhan M., Kokturk O., Kemaloglu Y. K., Inal E.  
LARYNGOSCOPE, vol.115, no.5, pp.832-836, 2005 (SCI-Expanded)
- XXIII. **Effect of nasal continuous positive airway pressure in uncontrolled nocturnal asthmatic patients with obstructive sleep apnea syndrome**  
Ciftci T., Ciftci B., Guven S., Kokturk O., Turktas H.  
RESPIRATORY MEDICINE, vol.99, no.5, pp.529-534, 2005 (SCI-Expanded)
- XXIV. **Leptin and ghrelin levels in patients with obstructive sleep apnea syndrome**  
Ciftci T., Kokturk O., Bukan N., Bilgihan A.  
RESPIRATION, vol.72, no.4, pp.395-401, 2005 (SCI-Expanded)
- XXV. **HDL/LDL ratio: a useful parameter for separation of pleural transudates from exudates.**  
KÖKTÜRK O., ULUKAVAK ÇİFTÇİ T., Firat H., Firat S.  
Tüberküloz ve toraks, vol.53, no.1, pp.34-39, 2005 (SCI-Expanded)
- XXVI. **The relationship between serum cytokine levels with obesity and obstructive sleep apnea syndrome**  
Ciftci T., Kokturk O., Bukan N., Bilgihan A.  
CYTOKINE, vol.28, no.2, pp.87-91, 2004 (SCI-Expanded)
- XXVII. **Apnea-hypopnea indexes calculated using different hypopnea definitions and their relation to major symptoms.**  
Ciftci T., KÖKTÜRK O., ÖZKAN S.  
Sleep & breathing = Schlaf & Atmung, vol.8, no.3, pp.141-6, 2004 (SCI-Expanded)
- XXVIII. **Changes in serum selenium, copper, zinc levels and Cu/Zn ratio in patients with pulmonary tuberculosis during therapy**  
Ciftci T., Ciftci B., Yis O., Guney Y., Bilgihan A., Ogretensoy M.  
BIOLOGICAL TRACE ELEMENT RESEARCH, vol.95, no.1, pp.65-71, 2003 (SCI-Expanded)

- XXIX. **[Central sleep apnea syndrome].**  
Köktürk O., Ciftçi T.  
Tuberkuloz ve toraks, vol.51, pp.349-60, 2003 (SCI-Expanded)
- XXX. **[Obesity-hypoventilation syndrome].**  
KÖKTÜRK O., Ciftçi T.  
Tuberkuloz ve toraks, vol.51, no.1, pp.107-16, 2003 (SCI-Expanded)
- XXXI. **Rheumatoid purpura in a patient with pulmonary tuberculosis**  
Ulukavak T., Sipit T., Oguz D., Cohen G., Apaydin Z.  
PRESSE MEDICALE, vol.28, no.40, pp.2228, 1999 (SCI-Expanded)
- XXXII. **Management of respiratory failure in obese patients. Efficiency of nasal bi-level positive airway pressure.**  
Rabec C., Merati M., Baudouin N., Foucher P., Ulukavac T., Reybet-Degat O.  
REVUE DES MALADIES RESPIRATOIRES, vol.15, no.3, pp.269-278, 1998 (SCI-Expanded)
- XXXIII. **Alveolar microlithiasis**  
Ulukavak T., Erturk A., Ogretensoy M.  
PRESSE MEDICALE, vol.27, no.15, pp.739, 1998 (SCI-Expanded)

## Articles Published in Other Journals

- I. **The Relationship Between Serum Adenosine Deaminase Levels in Lung Tuberculosis Along With Drug Resistance and The Category of Tuberculosis**  
ÇİMEN F., ULUKAVAK ÇİFTÇİ T., BERKTAŞ B. M., ŞİPİT T., TACİ HOCA N., DULKAR G.  
Turkish Respiratory Journal, vol.9, no.1, pp.20-23, 2008 (Peer-Reviewed Journal)
- II. **Assessment of sleep with polysomnography in patients with interstitial lung disease**  
AYDOĞDU M., ÇİFTÇİ B., FIRAT GÜVEN S., ULUKAVAK ÇİFTÇİ T., ERDOĞAN Y.  
TUBERKULOZ VE TORAK-TUBERCULOSIS AND THORAX, vol.54, no.3, pp.213-221, 2006 (Scopus)
- III. **Sleep Perception and Reliability of Sleep History in Patients Admitted to Sleep Disorders Center**  
ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.  
EURASIAN JOURNAL OF PULMONOLOGY, vol.7, no.3, pp.103-106, 2005 (ESCI)
- IV. **Obstructive sleep apnea in stroke patients: Clinical preliminary study İnmeli hastalarda obstrüktif uyku apne sendromu: Klinik ön çalışma**  
Tosun A., KÖKTÜRK O., Kaymak Karataş G. K., ULUKAVAK ÇİFTÇİ T., Sepici V., Türe D.  
Journal of Rheumatology and Medical Rehabilitation, vol.16, no.1, pp.31-35, 2005 (Scopus)
- V. **Comparison of three clinical prediction rules among patients with suspected pulmonary embolism**  
ULUKAVAK ÇİFTÇİ T., KÖKTÜRK N., EKİM N. N., OĞUZÜLGEN İ. K.  
TUBERKULOZ VE TORAK-TUBERCULOSIS AND THORAX, 2005 (Scopus)
- VI. **Have epidemiological properties of lung cancer changed by time**  
KÖKTÜRK N., ULUKAVAK ÇİFTÇİ T., ÖZTÜRK C.  
toraks dergisi, 2004 (Peer-Reviewed Journal)
- VII. **Akciğer kanserli olgularımızda semptomatolojik radyolojik ve endoskopik bulguların histopatolojik bulgularla birlikte değerlendirilmesi**  
KÖKTÜRK N., ULUKAVAK ÇİFTÇİ T., HABEŞOĞLU M. A., ÖZTÜRK C.  
toraks dergisi, 2004 (Peer-Reviewed Journal)
- VIII. **Obezite hipoventilasyon sendromu**  
KÖKTÜRK O., ULUKAVAK ÇİFTÇİ T.  
Tuberkuloz Toraks, 2003 (Peer-Reviewed Journal)
- IX. **Obstrüktif Uyku Apne Sendromu Genel Önlemler ve Medikal Tedavi**  
KÖKTÜRK O., ULUKAVAK ÇİFTÇİ T.  
Tuberkuloz Toraks, 2002 (Peer-Reviewed Journal)

## Books & Book Chapters

### I. Obstructive Sleep Apnea Syndrome

ÇİFTÇİ B., ULUKAVAK ÇİFTÇİ T.

in: Airway Diseases, Cemal Cingi, Arzu Yorgancıoğlu, Nuray Bayar Muluk, Alvaro A. Cruz, Editor, Springer Nature, pp.1-17, 2023

### II. Hipertansiyon Klinik Protokolü

BİTİGEN A., NAZLIEL B., TOGAY IŞIKAY C., YAPAR EYİ E. G., TENGİZ İ., ATEŞ K., ARICI M., DEMİR Ö., ÖZLÜ S. G., FIRAT S., et al.

T.C. Sağlık Bakanlığı Yayınları, 2020

## Refereed Congress / Symposium Publications in Proceedings

### I. Does PAP Treatment Have a Protective Role on OSAS Patients from COVID-19 Pneumonia?

ULUKAVAK ÇİFTÇİ T.

Türk Toraks Derneği 26. Kongresi, Antalya, Turkey, 9 - 13 May 2023

### II. DOES PAP TREATMENT HAVE A PROTECTIVE ROLE ON OSAS PATIENTS FROM COVID-19 PNEUMONIA?

ÇİFTÇİ B., İNTEPE Y. S., ULUKAVAK ÇİFTÇİ T., EMRAH Ş., ÖZTÜRK M. M., ÖZKAN S.

word sleep congress, Roma, Italy, 11 - 16 March 2022, vol.100, pp.247

### III. The reliability of polygraphy for the diagnosis of sleep disordered breathing in children

ŞİŞMANLAR EYÜBOĞLU T., RAMASLI GÜRSOY T., ASLAN A. T., ASFUROĞLU P., ERÇELEBİ H., ARHAN E., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O., BUDAKOĞLU İ. İ.

European Respiratory Virtual Congress 2021, Spain, 05 September 2021

### IV. ÇOCUKLARDA OBSTRÜKTİF UYKU APNE SENDROMUTANISINDA POLİGRAFİNİN KULLANIMI

RAMASLI GÜRSOY T., ONAY Z. R., ŞİŞMANLAR EYÜBOĞLU T., ASLAN A. T., ERÇELEBİ H., ARHAN E., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.

Türk Toraks Derneği 23. Yıllık Kongresi, Turkey, 15 - 18 October 2020

### V. Neurocognitive disorders and sleep in primary ciliary dyskinesia children

ŞİŞMANLAR EYÜBOĞLU T., ASLAN A. T., CEYLAN A., SOYSAL ACAR A. Ş., BUDAKOĞLU İ. İ., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.

ERS 2016 International Congress, Londrina, Brazil, 3 - 07 September 2016

### VI. Primer siliyer diskinezili çocuklarda uyku ve nörokognitif bozukluklar

ŞİŞMANLAR EYÜBOĞLU T., ASLAN A. T., CEYLAN A., SOYSAL ACAR A. Ş., BUDAKOĞLU İ. İ., ULUKAVAK ÇİFTÇİ T., KÖKTÜRK O.

7. Ulusal Çocuk Solunum Yolu Hastalıkları ve Kistik Fibrozis, Turkey, 30 March - 02 April 2016

### VII. Position dependent sleep apnea

ULUKAVAK ÇİFTÇİ T.

Rhinocampwinter, 8 - 12 February 2016

### VIII. TC-99M HMPAO BRAIN SPECT FINDINGS IN PATIENTS WITH OBSTRUCTIVE SLEEP APNEA SYNDROME

Kokturk O., Ciftci U. T., Inonu H., Kapucu O., Unal K., Akdemir O. U.

23rd Annual Meeting of the Associated-Professional-Sleep-Societies (APSS), Washington, United States Of America, 6 - 11 June 2009, vol.32

### IX. Clinical and polysomnographic features in complex sleep apnea syndrome

Ciftci U. T., Inonu H., Kokturk O.

22nd Annual Meeting of the Associated-Professional-Sleep-Societies, Maryland, United States Of America, 7 - 12 June 2008, vol.31

### X. The importance of sleep position in treatment planning of patients with obstructive sleep apnea syndrome

Kokturk O., Inonu H., Ciftci U. T.

22nd Annual Meeting of the Associated-Professional-Sleep-Societies, Maryland, United States Of America, 7 - 12 June 2008, vol.31

- XI. **Could obstructive sleep apnea syndrome be a component of metabolic syndrome?**  
Kanbay A., Ciftci T., Kokturk O.  
18th Congress of the European-Sleep-Research-Society, Innsbruck, Austria, 12 - 16 September 2006, vol.15, pp.111
- XII. **Assessment of aortic stiffness which is a new cardiovascular morbidity and mortality predictor in patients with obstructive sleep apnea syndrome and relation with severity of the disease**  
Kokturk O., Tavil Y., Ciftci T., Kanbay A., Sen N., Yalcin M.  
18th Congress of the European-Sleep-Research-Society, Innsbruck, Austria, 12 - 16 September 2006, vol.15, pp.110
- XIII. **The values of systolic mitral annular motion and annular tissue Doppler for evaluation left ventricular systolic function in patients with obstructive sleep apnea syndrome**  
Kokturk O., Tavil Y., Ciftci T., Kanbay A., Sen N., Yalcin M.  
18th Congress of the European-Sleep-Research-Society, Innsbruck, Austria, 12 - 16 September 2006, vol.15, pp.153
- XIV. **Vascular endothelial growth factor and carotid intima media thickness in patients with Behcet's disease**  
Ozturk M. A., Unverdi S., Oktar S. O., Bukan N., GÜLBAHAR O., Ureten K., Gokerl B., Haznedaroglu S., Sungur G., Ciftci T., et al.  
Annual European Congress of Rheumatology (EULAR 2006), Amsterdam, Netherlands, 21 - 24 June 2006, vol.65, pp.71
- XV. **C-reactive protein (CRP) in patients with obstructive sleep apnea syndrome**  
Kokturk O., Ulukavak T., Mollarecep E., Ciftci B.  
18th Annual Meeting of the Associated-Professional-Sleep-Societies, Pennsylvania, United States Of America, 5 - 10 June 2004, vol.27, pp.201
- XVI. **Plasma homocysteine levels in obstructive sleep apnea syndrome**  
Kokturk O., Ulukavak T., Mollarecep E., Ciftci B.  
18th Annual Meeting of the Associated-Professional-Sleep-Societies, Pennsylvania, United States Of America, 5 - 10 June 2004, vol.27, pp.202

## Supported Projects

ULUKAVAK ÇİFTÇİ T., Project Supported by Higher Education Institutions, Uyku kayıt cihazının (polisomnograf) obstrüktif uyku apne sendromu (OSAS)'nun sonuçlarının tespitindeki yeri, 2014 - 2020

## Metrics

Publication: 78

Citation (WoS): 1173

Citation (Scopus): 1320

H-Index (WoS): 18

H-Index (Scopus): 19

## Non Academic Experience

Atatürk Göğüs Hastalıkları ve Göğüs Cerrahisi Eğitim ve Araştırma Hastanesi